

**School 3 finds friends in Iowa**

See Below

**Doctor wages lonely battle**

See Page 5

**Two varsity coaches submit resignations**

See Sports, pg. 13

# Belleville Times

85th Year No. 6

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Thursday, January 20, 1994

50¢

## Whitman becomes 50th governor

By Steve Galvacky

Christine Todd Whitman, pledging a program devoted to "growth, good schools and safe streets," was



Gov. Christine Whitman

inaugurated as New Jersey's 50th governor Tuesday in Trenton.

To boost the state's economy, Whitman said in her inaugural address, she would ask the Legislature for a 5 percent state income tax cut, a rollback of the corporate business tax to 9 percent, and the elimination of all taxes for those earning less than \$7,500 — with all three proposals retroactive to Jan. 1, 1994.

"We will be competitive," she said. "There will be no more of losing jobs to low-tax states. New Jersey is open for business."

The first woman governor in New Jersey history said that state government must be better managed in order for her tax-reduction plans to work. She pointed to the overfunding of certain programs and the non-collection of some criminal fines as examples of how the state has failed to use its finances wisely.

She pledged to "reinvent educa-

tion" in the state, in part by pushing for an independent five-year term for the state education commissioner "in order to get politics out of education." She also called for a test run of a school voucher system in Jersey City, where she said five years of state control of the educational system has failed to improve the local schools.

Regarding crime, Whitman said "it's time to let criminals know they will serve 70 percent of a court sentence," and proposed life sentences for any person convicted three times of violent crimes. "Let them know it's three strikes and you're in — for life," she said.

The governor, who will work with a Legislature dominated by her Republican Party for the first two years of her four-year term, said state government must provide "efficient, cost-effective service."

"After all," she told the crowd at Trenton's War Memorial Building, "we work for you."



**A COOL BERTH** - Mario Vincente has no qualms about the snow heaped in front of his Honiss Street home. The native of Costa Rica spent Sunday at Coney Island, dipping into sub-zero temperature waters, something he does on a weekly basis. See Aside from That. (Photo by Howard Klausner)

## Historic Nereid Boat Club back in operation, acquiring new property on the Passaic River

By Howard Klausner

After two years of negotiations with the Borough of Rutherford, the Nereid Boat Club, which was founded in Belleville in 1875, and was dormant from 1964 to 1992, will sign a lease on Feb. 1 with the Borough of Rutherford for use of a boat house on the Passaic River.

Nereid Club President Erik King said the boat house, built in the last century, is the only original boat house still standing on the banks of the river. It will replace the historic boat house that burned down in Belleville in 1964.

The lease caps two years of effort to revive the famed boat club whose existence led to the introduction of crew and rowing in the public schools of Belleville, Nutley and Kearny.

Contrary to popular belief, the Nereid Boat Club never went out of existence, even after the loss of the boat house and all the skulls and racing craft in the 1964 fire.

Homer "Randy" Zink, the President of the club at the time of the fire, kept the corporation alive,

paying annual taxes, in the hope that one day the club would be revived.

King is former Belleville High School oarsman who rowed under the direction of the late Sam Giuffrida. King's father, Joseph, rowed for Nutley High School in the 1950s. Erik King was graduated from high school in 1984, and has been looking for rowing opportunities ever since.

In 1992, with a single-scull and a four-man boat, he started his own rowing club, and subsequently contacted Mr. Zink, who told him of having continued the club "in the hope that it would some day return to the river."

Mr. Zink formally handed the papers to Mr. King, along with the club's official seal and other memorabilia. Included was his medal for winning the Canadian National Rowing Event.

King, with his wife, Cheryl, who is also an active rower, entered the club in several competitions and the result was the collection of two

bronze medals, one silver medal and one gold medal.

When the lease is signed, the work of renovating the Old Rutherford Yacht Club building into the new Nereid Boat Club will begin.

"Our intention is to restore its appearance, as closely as possible, to the original historic appearance," Mrs. King said.

The club also acts as Baykeeper, monitoring the waters of the Passaic River and encouraging environmental awareness through Environmental Coordinator Dennis W. Mallen.

The club's efforts to restore the boat house have received support from the Passaic River Coalition, the Department of Environmental Protection and Energy, the Kearny Environmental Alliance, Public Service Electric and Gas Co., Belleville and Nutley Crew Parents, Representative Robert Torricelli, among others.

Those wishing to assist the effort may contact Mr. King at (201) 748-7918, or by writing to Nereid B.C.,

P.O. Box 1678, Rutherford, N.J. 07070.

Mr. Zink was long involved in rowing and other athletics. In 1937, he received a medal from the Veterans of Foreign Wars, Belleville Post, for saving the life of a person in the Passaic River.

Mr. Zink served in the Army during World War II, the Korean War and the Berlin Crisis. He retired from the National Guard with the rank of Colonel. Teh Guard bestowed on him its highest award the Eagle.

An attorney with degrees from Rutgers University and Harvard Law School, Mr. Zink was a tax specialist with the New Jersey Division of Taxation.

He participated in every New York Marathon. He died in October 1992 at the age of 73. A brain tumor had been discovered a few months before his death.

"He was very active in helping us plan for the new boat house," Mrs. King said. "And he was very happy with it."

## A wish of a thousand cranes is answered

## School Three pupils send supplies to devastated Midwest grade school

By Howard Klausner

The ravages of the flooding Missouri River left the town of Chelsea, Iowa, in such poor shape that the children of its grade school decided to try something they had read in a book: If you make a thousand paper cranes your wish will be granted.

It was based on the story of a Hiroshima survivor, a young girl who was stricken with leukemia. A classmate told her that if she made 1,000 origami paper cranes, her wish would be granted.

Sadly, the little girl made just 640 cranes when she died. Her classmates completed making the thousand cranes.

The children in Donna Smith's fourth grade class at Chelsea Elementary school had their share of wishes, with "No more floods" outpointing "World peace". But the wish the entire class had was for

(Continued on page 3)

## Police arrest two in daylight holdup

A 60-year-old Belleville woman was robbed at knifepoint on Overlook Avenue, at 1 p.m., Tuesday, Jan. 11 and swift police work resulted in the recovery of her money and the arrest of two suspects.

The victim telephoned police that she had been robbed by a young woman who held a 10-inch butcher's knife against her stomach and demanded the contents of her purse. The woman made off with some \$235 in cash, which the victim had just withdrawn from a bank.

The victim described a young man who had accompanied the woman, and it was he whom police spotted first, according to Detec-

tive Captain William Escott, who made the arrest with Detectives James Giuliano and Vincent Celso, and Police Officer Matt Bernardo.

Police said they found the suspect at the corner of Overlook Avenue and Washington Avenue.

The suspect led them to the woman, who was at the Washington Motel, where Police Officers Richard Giordano and Stephen Xenios arrested her.

Arrested were Sophia Rivera, 28, of Newark, charged with robbery while armed and possession of a weapon and Renaldo Ramos, 24, of Newark, charged with receiving stolen property.



**PHOTOS FROM FRIENDS** - School Three teacher Lisa Falduto holds a photo-page sent her by pupils in Chelsea, Iowa, who received gift supplies from Belleville to replace supplies lost in last year's flood. (Photo by Howard Klausner)



## Aside From That

By: Howard Klausner

Who else but a pizza maker from Costa Rica would be a member of the New York Polar Bear Club, making his monthly dip into the waters off Coney Island last Sunday? Mario Vincenty, 44, has been a Polar Bear for more than 22 years, in complete defiance of heredity and common sense. Born of Italian parents who came to San Jose to open a restaurant, Mr. Vincenty came to the United States as a teenager to study here, and almost immediately found his trade as a pizza maker. Even today, in temperatures hovering over the 120 degree mark, he produces joyous nourishment at the Queen Pizzeria in Elizabeth. The only place his six foot three inch 240-pound body is happier is in the icy waters of the Atlantic Ocean. ● ● ● ● His wife, Olga, of pure Spanish descent in Costa Rica married Mr. Vincenty 22 years ago, and has been marvelling ever since. "He never catches a cold!" she said. "It could be the worst flu all around him, and he never gets sick! And I catch a cold walking him to the door!" Mario wears a t-shirt in any and all kinds of weather, and this has occasionally fooled his wife into thinking the weather was warm enough for a light sweater. Was she mistaken! "He is always on a diet to take off weight," Mrs. Vincenty said, despairingly. "At home, it's salads. And when he gets back to the restaurant, he's loads up on pasta!" ● ● ● ● The couples has two admiring children, George, 14, a student at Belleville High School, and Sasha, 11, a pupil at School 4. They have taken occasional cold weather dips, something Mrs. Vincenty has resolutely refused to do. "Still," she said, "there's something healthy about it. Sasha's godfather had terrible backaches until Mario persuaded him to try the water. Now he's a member of the Polar Bear Club. And one member of the club first came to the beach on a stretcher, and now he walks by himself." As for Mr. Vincenty's imperviousness to frigid cold, it may be something in the pasta. After all, nobody in Palermo gets frostbite.

Echoes of the State Commission of Investigation scenic tour of Belleville continue to be heard. Dennis Meehan, a native of County Clare whose expertise as a transportation expert has taken him around the world, dropped by to announce he plans to sue the Township. He says he is owed more than \$2,000 for consulting work he did for the Department of Public Works in 1991 and 1992. He said the Township informed him he did not have a valid contract when he did the work, after being hired by Township Manager Bertrand Kendall. "But the State Commission of Investigation came into my office and told me I did have a contract," Meehan said. ● ● ● ● The SCI's interest was not in alerting Mr. Meehan to the possibility that he was being shortchanged. What they hoped to learn from him was that payoffs had been made to Mr. Kendall, an allegation that Mr. Meehan vigorously denied. The SCI promptly forgot about Mr. Meehan, although its report issued last summer does state that he had a contract with the Township. ● ● ● ● Mr. Meehan was 20 years with the Mack Truck Co. and eight years as Maintenance Supervisor for Penske Trucking - handling some 2,500 vehicles - when he formed his own company, Vehicle Maintenance Consultants in Ho-Ho-Kus. ● ● ● ● He did work in Ridgewood, where he first came to the attention of Mr. Kendall, as well as a score of other New Jersey towns and cities, New York City, and the humanitarian food distribution now under way in West Africa. He said he found conditions in the Belleville DPW Yard about on a par with West Africa. "They didn't have such a thing as a men's room, or even a sink where a man could wash oil out of his eyes," Mr. Meehan said. "And there was no such thing as preventive maintenance. When a vehicle broke down, then it was fixed." ● ● ● ● Initially, Mr. Meehan said, he was paid \$3,000 for doing a survey and analysis of the DPW operation. Then, he said, he provided a program to cure the deficiencies, and there is where the payments stopped, shortly after Mr. Kendall was forced out of his job. "I've been around the world, but I've never run into anything quite like Belleville," Mr. Meehan said.

Deputy Fire Chief Gabe Santuoso wants the world to know he has no intention of retiring. "At 55, where would I go?" he said. He had been listed as prominently eligible for early retirement had the Township Council approved the idea. However, the Chief said, it would mean a reduction of his income. The maximum pension is 70 percent of salary, which in his case could mean a drop from the 80's to the 50's.

Our Copy Cat, Baldassaro DiVincenzo Mitten, says that Governor Christie Whitman's decision to cancel the Inauguration Parade by 21 high school bands, because of the inclement weather, is a first for New Jersey. "She is the first mother who could tell the teen-agers they were not going out in that weather and back it up with - Because I'm your Governor, that's who!" ● ● ● ● Fifth Ward Councilman Harry Zilch is concerned about the idea of offering \$50 and a ticket to the Giants if anyone turns in a handgun. "You'll have a hundred guys turning in one handgun, and then producing the other one at the game, for a real cleanup!" he said. ● ● ● ● Zilch's supporters, the Kool Kukumber Boys are hoping the investigation into the Olympic skaters mess won't start a deeper study of sports shenanigans. "When they find out how the Boys' bowling team has been quietly dropping bowling balls on their competitors' toes, it could wreak havoc with the betting odds," Zilch said.



WITH THE MAYOR - Senior Citizen Club President Joseph Restaino, left, is at table with Belleville Mayor Marina Perna, Regina Nucci and Clara Perna, mother of the Mayor.



AT CELEBRATION - Taking part in the 20th Anniversary party of the Belleville Senior Citizen Club at Essex Manor, are, seated from left, Regina Nucci, Anthony Aranecki, Madeline Aranecki and Mary Restaino; standing, from left, former Mayor Michael Marotti, Club President Joseph Restaino and Marian McTigue.

## Belleville Senior News



By Joseph Restaino

I received a call from a senior at the Senior Citizen Center stating that on Monday, Jan. 10, they were playing cards when they heard someone screaming outside. Upon investigating, they saw a boy in the brook alongside the center. Having no equipment to rescue the boy, they called 911. The rescue personnel responded immediately and rescued the boy with the equipment they had. The report is that they were very efficient and caring. So seniors do get involved when needed.

One of the many senior groups in Belleville is called the Belleville Old Guard. They are a group of senior men who meet bi-monthly at the meeting room of the Fewsmith Memorial Presbyterian Church on Union Avenue. At their December meeting, they held the election for the 1994 officers. Under the supervision of Joe Villaggio, the entire executive board of 1993 officers was re-elected for the 1994 term. The officers chosen were President Alphonse Vecchione, Vice President Pat Rontendo, Treasurer Nick Muncelle, Secretary Joseph Restaino, Chaplain John DeMark and Trustees John Magell, Jerry Sansone and Al Walker.

At their meetings, they discuss the topics of the day on a local and national level. Speakers on topics of the day are invited to address the members. Question and answer sessions are always held by the speakers. This makes for very interesting meetings. The membership is open to any male senior in Belleville. Trips to the Catskills are also planned under the supervision of Nick Muncelle and Pat Colloello. Last year, a very successful trip to Nashville was held. Trips are being planned this year.

My condolences to the family of Fiore Strumolo. He was well known in the Silver Lake area and a member of both the Tuesday and Friday Senior Citizen clubs.

Andy Casesse was welcomed back after a long illness.

Also get well wishes to Fred Riccio, Pete Zippo and Norman Meyer who are in the hospital.

Tid Bit: Senior citizen Joe Dillon keeps himself active by soliciting non-perishable food for homeless people. Members of the Tuesday and Friday clubs bring the food to the center. Joe then loads it in his station wagon and delivers it to St. John's Church in Newark. It is then given to the homeless. Anyone willing to donate food can deliver it to the center on Mill Street and Franklin Avenue. Another senior getting involved!

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## School Three pupils send supplies to devastated Midwest grade school

(Continued from page 1)

books, crayons, erasers and even clothing - all lost to the flood.

So they began making a thousand paper cranes. Miss Smith taught them how. And their wish was granted.

In Belleville, Mrs. Lisa Falduto, a Third Grade teacher at School Three, had discovered that her

home mortgage had been transferred from the old Nutley Savings and Loan to the Douglas County Bank in Omaha, Nebraska.

Last August, in conversation with Lisa Kibbs of the bank, she asked if any elementary school in the area needed assistance in replacing school supplies.

Ms. Kibbs said there were no

problems in her area, but referred Mrs. Falduto to Jerry Moore, who is a member of the Iowa League of Municipalities, who in turn gave Mrs. Falduto the telephone number of Patricia Veit, the Chelsea Town Clerk. From that point, with the cooperation of School Three Principal Raffaella Saulino, the project began.

By Nov. 18, 1993, a letter to School Three had come from Doris Parizek, a kindergarten teacher at Chelsea Elementary.

It stated, in part: "Thank you for the many books that arrived here recently in the pre-school-kindergarten classroom. We do appreciate your kindness! The students are having fun using them."

"I live on a farm two miles southeast....My husband raises cattle and hogs and grows corn and soybeans. We own 430 acres. Our corn and soybeans only produced one half of a crop this year because of the heavy rains this summer....The people in this community are very kind and they have all been very cooperative. We apprec-

iate your concern. It is so comforting to know that others care."

A letter from Kathy Robbins stated: "A sincere THANK YOU from the staff and students at the South Tama County Chelsea Center for your donations of clothing, books, textbooks and workbooks, pencils and pens, scissors, notebooks, erasers, stickers, notepads, crayons, puzzles, folders and goodie bags loaded with supplies for the kids. We have been overwhelmed by the generosity of people from all over the United States!

"The coats and jackets were taken by the teachers to be given to students whose coats don't last through the winter."

For the Belleville students, it was an opportunity to make friends with children whom they would otherwise probably never have known - touched by a disaster of Biblical proportions.

Hopefully, the contacts will not end there, as both communities learn more about each other.

## Municipal workers elect Barbara Tuck president

The Belleville Municipal Employees Association, Local 32, has elected Barbara Tuck as President of the organization which represents township workers.

Mrs. Tuck is Custodian of the Municipal Building.

Carol Caprio was elected Vice President; Cheryl Jeannette, Secretary; Vi Narucki, Treasurer; Joseph Glozoga, Ser-

geant-at-arms; Chester Green and Lebro Charles, Civil Service Representatives, and Red Clenaghan, Jack Morrison, Joseph Marino and Eleanor Nye, Shop Stewards.

The BMEA has announced plans for a trip to Atlantic City on March 26. For information on tickets, contact Cheryl Jeannette at (201) 759-8549.



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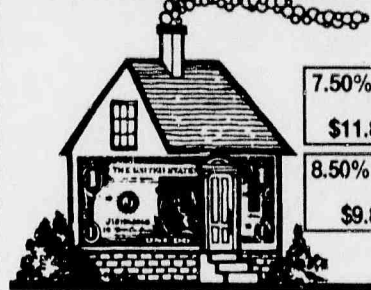
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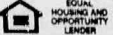
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## OUR OPINION

### Governor Christie Todd Whitman

Governor Christie Todd Whitman may well lead New Jersey into the 21st Century.

As with all Administrations, hers is one of promise and problem.

The promise is that the tax burden will be reduced as government efficiency is increased.

The problem is the still uncertain economy and the competition New Jersey faces for jobs and industry.

Certainly, the selection of Cabinet officers announced to date is encouraging. Governor Whitman has chosen people of substance and ability, and this indicates her ability to recognize talent, and her intention of utilizing it.

She has not been doctrinaire in her approach to government, and she promises a moderate stance, combining compassion with fiscal responsibility.

New Jersey now has a Governor who has been steeped in the political process since

childhood, the granddaughter of Republican Patriarch Reeve Schley and the daughter of Eleanor and Webster Todd, long time state Republican Chairman.

She will need that knowledge in the days ahead.

As Governor Whitman begins her four-year reign, she has our complete support. And then - in the end - one good term deserves another.

Meanwhile, look for Governor Whitman's mention as Vice Presidential candidate on the G.O.P. 1996 National ticket.

For the Republicans, it will be a much-needed first.

It will be easy to leap upon mishaps and errors. All Administrations have them. But partisanship is not the best route to survival, and Governor Whitman deserves the support of Republicans, Democrats and Independents during the years ahead.

### Welcome back, Nereid Boat Club!

The Nereid Boat Club never died. It was just filed away. And now it is in a happy state of revival.

Just as the Passaic River has been restored to the point where it is no longer instantly fatal to breathe in, the tradition of rowing is getting its rebirth.

On Feb. 1, the Nereid Boat Club will sign an agreement with the Borough of Rutherford for the lease of land on which to build a new Nereid Boat House. This will replace the boat house that was burned down in 1964, with all the priceless equipment that went with it.

Founded in 1875, the Nereid was a boating club for proper gentlemen. The original by-laws of the club prohibited the presence of women in the boat house, and in the boats.

This has since been changed, because women of all ages are among the hardest of rowers.

From the Nereid arose the crew program

which still distinguishes Belleville, Nutley and Kearny High Schools from most public high schools.

Crew was always considered the prerogative of the Ivy Leaguers, but no more.

Although the new Nereid Boat House will not be in Belleville, its heart will still be there.

Just as the late Mr. Bill Bennett started the crew program for Belleville High School, it was Mr. Homer Zink, president of the old Nereid Club, who kept the corporation alive and paid the annual tax fees on it.

We owe it to Erik and Cheryl King that the Nereid Boat Club is revived, and rowing. In fact, over the past two years, the Nereid crew has won a number of medals, including a gold, in competition with colleges and boat clubs.

It is a wonderful revival of a fine Belleville tradition, and who knows but it will herald greater things to come.

### Hands across the Nation

The ties between the children of Belleville's School Three and the children of South Tama County Council Center Elementary School in Chelsea, Iowa, have been forged by the devastating effects of the floods which caused havoc in the midwest last year.

The Chelsea School was in need of the most basic school supplies, as well as clothing for the youngsters, in the wake of the flood.

Through the efforts of Teacher Lisa Falduto and Principal Raffaella Saulino, the Belleville children gathered and sent the needed supplies.

They also sent letters and cards, and requests for information about Chelsea, and the information was forthcoming.

Chelsea, a small farm town, is much closer to its frontier origins than Belleville, but tales of the early pioneers - the first of whom started arriving in the 1840s - are similar to those of the travails of the hardy Dutch and English who settled this area 200 years earlier.

Chelsea's population was increased in

the mid-19th Century by immigrants from Bohemia and Moravia, now Czechoslovakia, so that many of the family names today reflect those origins, just as the families of Belleville reflect other ethnic origins.

A major flood inundated the town in 1969, but bad as it was, it was surpassed as a catastrophe by the endless rains of last summer.

At one point, bottled water was sent to the town from Rome, Georgia, when word was broadcast of the need for drinking water.

Wars, Depression and natural disaster have affected the town, but it has survived. And the bonding of two communities more than a thousand miles apart is at least one good result of the latest disaster, and proof that America may be a troubled country, but not a divided one.

And the children of School Three, their Principal, and Teacher Falduto are to be commended by the Township for showing the proper response.

## YOUR OPINION

### Keep Roe's promise

To the editor:

Twenty one years have passed since the Supreme Court's *Roe v. Wade* decision recognized the right of American women to choose safe, legal abortion. An entire generation of young women has grown up, secure in the knowledge that back alley abortion would never be their fate.

But the back alleys have been replaced by other dangers including escalating violence and harassment against women who seek abortions and medical personnel who provide them. Other assaults on a woman's right to choose are not as visible. Thirty seven states deny payment for abortion under Medicaid, the sole source of health care for millions of low-income women. Young women seeking permission for abortion may be victimized by abusive parents, humiliated by hostile judges or denied the procedure. Eighty three percent of U.S. counties have no doctor or clinic that provides abortions, causing women at a distance from such clinics to often suffer hardship, delay and negative health consequences.

Fortunately, some positive steps have been made towards surmounting these barriers. Congress is likely to pass the final version of The Freedom of Access to Clinic Entrances Act (FACE) early this year, making it a federal crime to obstruct access to a medical facility. And the Clinton administration's health reform proposal presents a watershed for handling abortion in its proper context: a medical procedure that is part of comprehensive reproductive health care.

Sadly, anti-abortion tactics and politics divert our focus from a more fundamental issue — a national epidemic of preventable pregnancies. Fifty seven percent of pregnancies in the U.S. are unintended, one of the highest rates in the industrial world. Preventive health care intervention, the driving spirit of health care reform, applies to the avoidance of pregnancy, no less than to cancer screening, prenatal care and childhood immunization. It saves money, improves public health and relieves the burden of our health care infrastructure. Most important, the social benefits of avoiding unwanted births are inestimable, especially when unwantedness is the root cause of so many of our social ills.

Planned Parenthood, for all its visibility as an advocate for abortion rights, helps avert some 500,000 unintended pregnancies each year through contraceptive services and counseling. Contraception as a first line of defense backed up by early, safe abortion should be our national priority as well. We can do no less if we are to truly fulfill Roe's promise of reproductive choice and the means to exercise that choice for all women.

Delores Tyson  
Executive Director  
Planned Parenthood Essex County

### Grading government involvement

To the editor:

On Jan. 11 in Washington, D.C., the American Cancer Society, American Heart Association and American Lung Association — united as the Coalition on Smoking OR Health — released a document titled, "A 30-Year Report Card For the Federal Government on Tobacco Control." It was released on the 30-year anniversary of the 1964 Surgeon General's report on smoking, which found that cigarette smoking causes cancer.

The report did not grade the current administration or Congress. The institutions and their overall grades for efforts to reduce smoking during the last three decades are:

Congress — D; White House — F; Department of Agriculture — F; Department of Health and Human Services — D; Department of Justice — F; Environmental Protection Agency — B Plus; Food and Drug Administration — F; Federal Trade Commission — F; Occupational Safety and Health Administration — D; US Trade Representative — F; Department of Veteran Affairs — B.

Our message to policymakers and government leaders in both Washington, D.C. and Trenton is Just Say No to the tobacco industry. We can think of no area of public health where you can accomplish so much by saying so little.

Among the recommendations of the coalition are:

- The FDA should prohibit the advertising and promotion of low-tar and low-nicotine products and should seek regulatory authority over all tobacco products;
- The FTC should prohibit Joe Camel advertising campaign and prohibit ads that suggest certain tobacco products as safe, non-addictive or a reasonable way to lose weight.

As the local representatives of the New Jersey Coalition on Smoking OR Health, we ask why has the government — both federal and state — done so little in the fight against the tobacco industry, especially when you consider that 420,000 Americans die each year from tobacco use.

Donald K. Brief, M.D.  
President, American Cancer Society

Harvey Waxman, M.D.  
President, American Heart Association

Jacqueline Flowers, M.P.H.  
President, American Lung Association



### Of All Things

By Frank Orechio

A feature of the Nutley Sun, Bloomfield Life and Belleville Times

• **GOVERNOR-ELECT CHRISTIE WHITMAN** has selected former Essex County Prosecutor Herb Tate, Jr. to head up the New Jersey State Board of Regulatory Commissions, the successor to the old Board of Public Utilities. More recently, Tate served as Assistant Administrator in Enforcement with the United States Environmental Protection Agency. Tate is a dedicated conscientious public servant who takes on an enormous burden as head of the utility board. Tate's selection is a credit to Whitman's judgment.

• **EVERYONE** knows Nutley's venerable real estate broker, George Bowes, who is observing his 60th Anniversary. Over the last 60 years, George Bowes has established himself as a legend in his own time in Nutley. 60 successful years in the real estate business reflects the sterling character of the gentleman. He recalls using the Nutley Sun since 1933 to advertise real estate properties. If ever there

was a gentleman for whom the word, "gentleman" was created, George Bowes fits the mold. A healthy, successful man, we salute his contributions to his adopted home — Nutley — and congratulate him for his selection by the National Association of Realtors as "Realtor Emeritus".

• **THERE** already have been published reports that the records of some Newark councilmen have been subpoenaed by the United States Attorney's Office. The street talk — if one is to believe it — suggests that Councilman Gary Harris and Ralph Grant may be talking to their lawyers.

• **NUTLEY** Board of Education member, attorney John Griwert, a law partner of Nutley Republican Chairman Jim Piro, is seeking re-election. During the recent General Election, Griwert was campaign manager for former Democrat Senator Gabe Ambrosio who lost a second time around to incumbent Republican Senator John Scott.

• **OUR** sympathy to former Bloomfield Mayor John Kinder. His wife, Jean, suffered a stroke two days before Christmas. Any family with a member who has a long range health problem can sympathize with Mrs. Kinder and the added burden assumed by her husband, John.

• **THREE** guys doing all the heavy lifting for plans to celebrate the 100th anniversary of the Nutley Fire Department are Chairman Tom Peters, Hose No. 2, Treasurer Bob Peters, member of Hose No. 2 and Co-Chairman Captain Fred Scalera who is the Code Enforcement Officer for the Fire Department. Reports reaching us indicate the three men are doing their usual good job.

• **BLOOMFIELD** Mayor Jim Norton is prepared to run in the Republican Primary for the Assembly seat occupied by Marion Crecco. That contest is scheduled for the 1995 Primary.

• **CHRISTIE WHITMAN** took the oath of office Tuesday, and I wish her well. I was State Chairman of the Young Republicans at a time when her father, Web Todd, was Mr. Big in the New Jersey Republican Party, and her mother, Eleanor Schley Todd, was the most active Republican female in New Jersey. Were that her mother and father alive today to share in the glory of their daughter's achievement. How proud they would have been!

Christie Whitman was created in the image of her mother. She looks like her; she talks like her and, more importantly, she has the principles, ability and determination of her mother.

Look for Christie Whitman to be a major player in the selection of the national presidential Republican ticket in 1996 — and don't be surprised if the national press begins speculating that Whitman will be on a short list for the G.O.P. Vice Presidential nomination.

• **TWO** key players in the Whitman Administration will be Republican Senator John Scott who represents Nutley and Belleville in Essex, and Atlantic County's Senator Bill Gormley, Chairman of the Senate Judiciary Committee.



George Bowes



Sen. John Scott

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## Letters to the Editor

### Aim ads elsewhere

To the editor:

My concern is with the government sponsored Public Service condom advertisements and their lack of honesty and misrepresentation of the truth.

If the highest HIV risk group is in the gay and drug abusing community, the ads should target those groups. If marital infidelity is causing the crossover spread of HIV into the heterosexual community, then show those groups as well. To advertise young, healthy heterosexuals as the primary target group misses the mark. What a shame sex is now synonymous with disease and death! The peace of mind and beauty of monogamous sex with one's spouse is never portrayed!

My other concern is with the actual ineffectiveness of condoms and the public's lack of knowledge. If you were told 10 of your best friends were taking a plane trip and only seven were to return, how eager would you be to board that plane? Yet with optimum laboratory conditions, conditions are effective 68 to 73% of the time in preventing the passage of the HIV virus. To make matters worse, how much faith do we have in our government when high positioned health officials (Joycelyn Elders, ex.) knew about defective condoms being distributed yet decided not to let the public know for fear it would undermine their confidence in the use of condoms?

Amazingly, many people still feel sex outside marriage is just plain wrong, but our government is moralizing against this. Their message is clear: "We give up. Americans have no self-control or values to live by, our kids are going to have sex so throw in the towel and put on a condom. It's O.K. with the government so it must be O.K. for everyone else."

Is this the message we as Americans truly want to give out? Can we not raise our standards instead of accepting failure? Are we not strong, able bodied, spirit filled proud Americans? Are we not the leaders of the free world and the envy of all? Why are we accepting personal failure and lack of self control as inevitable? We deserve better, no, THE BEST! Accept nothing less!

Janet DePalma

### Troop reduction opposed

To the editor:

As state commander of the New Jersey Jewish War Veterans, I continue to oppose sizeable reductions in the National Guard and Reserve units of this country, and I call on the Department of Defense to re-evaluate its plan to downsize these vital units. This letter follows the announcement of Secretary of Defense Les Aspin that National Guard and Reserve troops would be reduced as part of an overall budget reduction plan.

The JWV of the State of New Jersey and our national organization has openly opposed any reductions in the size of the Guard and Reserve as dangerous to America's foreign interests and domestic safety. The presence of the National Guard in South Florida in the aftermath of Hurricane Andrew, the assistance it gave to those in desperate need, and the circumstances during the riots in South Central Los Angeles last year, attest to the continuing necessity of having a strong Guard and Reserve ready to protect America's domestic safety.

Furthermore, Reservists and Guardsmen saw active duty during Operation Desert Storm, and their assistance was vitally important to the defeat of Iraq and Saddam Hussein. Guardsmen and Reservists fought side by side with coalition forces during Desert Storm, battling to protect American lives and American interests. Many were wounded, and in the case of the Guard troop from New Jersey, lost their lives in defense of this country. It would be a tragedy if we fail to recognize the valuable service these men and women make to our security.

Founded in 1896, JWV is the oldest, active national veterans' organization in America, and is known as the "Patriotic Voice of American Jewry." JWV will celebrate its centennial in 1996.

Herman K. Baldinger  
Department Commander  
Jewish War Veterans

### A lonely struggle for acceptance

## Physician urges more efforts to have full-term deliveries



**DOCTOR WITH A CAUSE** - Dr. Stefan Semchysyn, M.D. campaigns for greater efforts among his colleagues to aid full term pregnancies, rather than resort to abortions or induced deliveries.

(Photo by Howard Klausner)

By Howard Klausner

Dr. Stefan Semchysyn, an obstetrician and gynecologist who practices in Belleville, has charged that "pregnancy illiteracy" is endangering the health of both mothers and babies.

"It is responsible for the loss of many unborn," the Bosnian-born physician states.

By pregnancy illiteracy, Dr. Semchysyn means a tendency to induce abortions or premature delivery in situations where the fetus can be brought to full term.

He has specialized in bringing babies to full term, delivering more than two thousand infants whose fates had hung in the balance.

The physician says "he leaves no stone unturned to enhance the

outcome of the pregnancy. Modern technology coupled with a strong dose of common sense can make the difference to bring a pregnancy to a successful conclusion, even against the most incredible odds."

"I feel it is important that the public be made aware that there are alternatives to abortion or induced delivery," he said.

He also says he has met a great deal of misunderstanding, even among colleagues, as he presses for efforts to promote full term deliveries.

"It's a lonely, difficult, self-sacrificing struggle which still goes on," Dr. Semchysyn said. "But the expression of gratitude and joy on the face of a mother finally able to hold her own child

keeps the fire ignited. Hopefully, someday, my professional colleagues will educate themselves to appreciate and recognize my work."

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**BELLEVILLE ON ICE** - This was the scene Tuesday on Washington Avenue, as accumulations of earlier snowfalls congealed and more icy weather seemed on the way. (Photo by Howard Klausner)

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## Calendar of events

**IN THE TRUSTEES GALLERY:** A photographic exhibit, entitled "In the Eyes of the Beholder," will be on exhibit through Jan. 20 during library hours.

**LIBRARY EXHIBITS:** "A Celebration of Dr. Martin Luther King, Jr. and Black History" will be on display during the month of January during library hours.

Jan. 20 — The Thursday Film Series will feature the Audrey Hepburn Film Series, "Breakfast at Tiffany's" at 1 p.m.

Jan. 21 — The Friday Musical Film Series will feature "Holiday in Mexico" at 12:30 p.m.

Jan. 22 — A special program for children entitled "Pet Show" will take place at 10:30 a.m. Please bring in a photo or imaginary drawing of your real pet with you.

Jan. 24 — "Stand Up and Be Counted," a play with Diana Sunrise and Isaac Dostis, Act One Presentations, will take place at 1:30 p.m. at the Shafter Branch Library, 30 Magnolia St., sponsored by the library and the Martin Luther King, Jr. Commemorative Commission.

Jan. 25 — The Opera Film Class Series will see the opera "Cosi Fan Tutti" at 12:30 p.m.

Jan. 26 — The film, "King: Montgomery to Memphis" will be shown at 1 p.m.

Jan. 27 — The Thursday Film Class Series will feature "Sabrina" at 1 p.m.

NOTE: All events listed above will be held at the Belleville Library and Information Center, 221 Washington Ave., unless otherwise indicated.

## Opera film class continues

The Opera Film Class Series continues this winter at the library with a showing of "Cosi Fan Tutti" on Jan. 25 at 12:30 p.m., starring Ann Christine Biel, Maria Hoglind, Lars Tibell, Magnus Linden, Ulla Severin and Enzo Florima.

On Feb. 1, "Die Fledermaus," 180 minutes in length, will be shown, starring Kiri Te Kanawa, Herman Prey, Hildegard Heichele and Benjamin Luxon. Call Adrea Cohen at 450-3434 if you have any questions. The opera series will continue on Tuesdays at 12:30 p.m. throughout 1994.

## BOOK MARKS



**TO SPEAK OF KING** — Giles Wright, second from right, is shown with program attendees at a recent library lecture. Wright, director of Afro-American Studies, the New Jersey Historical Commission, will speak at the library on Wednesday, Jan. 19 at 1 p.m. in a lecture honoring Dr. Martin Luther King, Jr. The lecture is part of a matching grant, sponsored by the Dr. Martin Luther King, Jr. Commemorative Commission Grant Program.

## Film celebrates Dr. King

For the celebration of Dr. Martin Luther King, Jr. and Black History, the Belleville Public Library and Information Center will be showing the film, "King: Montgomery to Memphis." The film, 103 minutes in length, is the most popular film made about the life of Dr. Martin Luther King. It records the turbulent history of the civil rights movement and follows Dr. King's career through newsreel and television coverage.

The film, which will be shown on Wednesday, Jan. 26 at 1 p.m., is being sponsored by the library and the Martin Luther King, Jr. Commemorative Commission.

## Martin Luther King, Jr.

### Commission awards library grant

The Rev. Martin Luther King, Jr. Commission, through its Executive Director Pearl Beatty, has announced that the commission has awarded the Belleville Public Library a grant of \$1,000. The objectives of the Dr. Martin Luther King, Jr. Commission Grant, according to Acting Library Director Adrea Cohen, will be to make students and adults of Belleville and its environs, who attend the program, cognizant of the many contributions that Dr. Martin Luther King, Jr. has made to black people and the citizens of the United States, by means of a scholarly lecture in his honor by Giles Wright on Wednesday, Jan. 19 at 1 p.m. and through two theatrical productions, the first at the Shafter Branch Library on Wednesday, Jan. 19 at 1:30 p.m. and the second on Wednesday, Feb. 23 at 1 p.m. at the main library.

The grant program, entitled "A Celebration of Dr. Martin Luther King, Jr. and Black History," will also include the showing of "Amazing Grace" on Wednesday, Jan. 12 at 1 p.m., the showing of the film, "King: Montgomery to Memphis" on Wednesday, Jan. 26 at 1 p.m., the showing of the film, "The Real Malcolm X" on Wednesday, Feb. 9 at 1 p.m. and a black history film festival, honoring Sidney Poitier, on Feb. 3, 10, 17 and 24 at 1 p.m.

The library will use part of the grant funds to purchase reference and circulating biographies on famous blacks, both men and women, who have made important contributions to the civil rights movement, black history and the country.

The library will also provide displays, honoring Dr. Martin Luther King, Jr. and Black History Month.

According to Julian Bond, a large portion of our population today remains untouched by affirmative action, the civil rights laws of the sixties or the great debates about goals and quotas. "The library will serve as a forum, to help others understand the civil rights problems of the past and the contribution Dr. King and others have made to this century," states Adrea Cohen, grants coordinator, who developed the grant proposal.

## Stand Up and Be Counted!

Provided by a matching grant from the Dr. Martin Luther King, Jr. Commemorative Commission, the play, "Stand Up and Be Counted," written by Isaac Dostis and Diana Sunrise, which focuses on those in the white community who risked their lives in support of Dr. Martin Luther King's Civil Rights Movement, will be shown on Monday, Jan. 24 from 1:30 to 2:30 p.m. at the Shafter Branch Library, 30 Magnolia St.

Through dramatic sketches, Act One brings to life those famous and unknown individuals of the white community who could not and would not remain silent during more than a decade of upheaval, that led by Dr. Martin Luther King, Jr. brought a monumental change in the way we treat our fellow human beings.

In the troubled times of the sixties, the schism seemed to be straight down racial lines. These are stories about those courageous people in the white community who stepped over the imaginary line to stand up and be counted with their valiant brothers and sisters.

Call the Shafter Branch at 450-3438 if you wish tickets to the presentation.

The same presentation will be repeated at the main library on Wednesday, Feb. 23 at 1 p.m., honoring Dr. King and also Black History Month.

## Library donations

The library accepts donations in honor of an individual, for birthdays, weddings, deaths, etc. The donation can be used toward the purchase of a book, an audiocassette, CD or videocassette, with an appropriate book plate inserted in the media selected. A letter is sent by the library to the person or family to whom the donation is made.

## Library and Chamber of Commerce

### cosponsor tax planning seminar

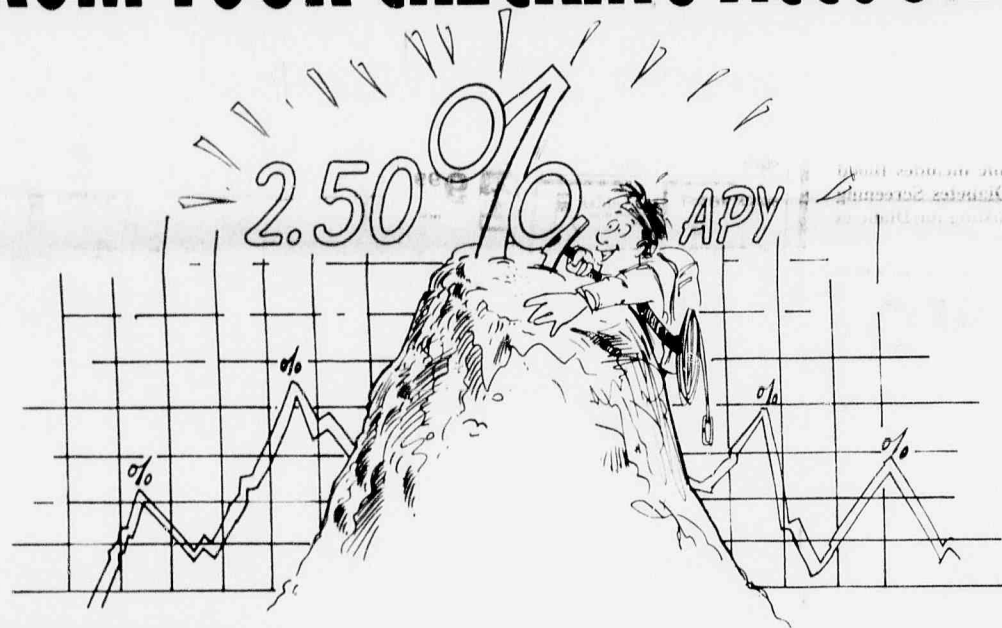
On Tuesday, Feb. 8, from 6 to 7:30 p.m., a free tax-planning seminar will be held at the library, sponsored by the library and the Belleville Chamber of Commerce. At this seminar, you will learn the specific strategies for dealing with the new tax laws, which include the most significant tax changes since 1986 and how they might affect your investment strategies. Guest speakers will include Paul Goldman, CPA from Belleville, and Richard Geraffo, a Merrill Lynch financial consultant.

If you wish to attend, call the library's circulation desk at 450-3434. If, however, you are unable to attend and would like a copy of a free booklet on tax-saving strategies, call Tina McGory at 621-3395.

## Pet show without pets

Comes to the James J. Cozzarelli, Jr. Children's Room pet show on Saturday, Jan. 22 at 10:30 a.m., but leave your pets at home. Although you will leave your pet at home, please bring a photograph or drawing of your real or imaginary pet. A prize will be presented for the most outstanding presentation.

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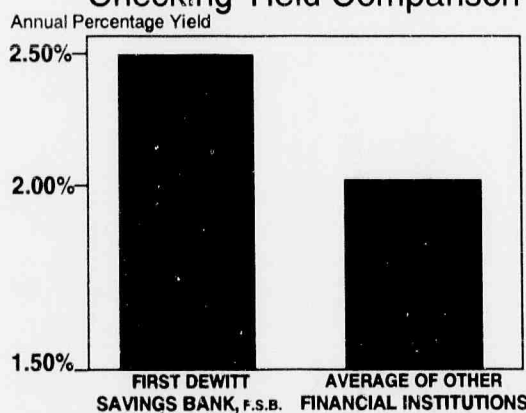
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**REMEMBERING PEARL HARBOR** — The Belleville Veterans' Council sponsored a ceremony at American Legion Post 105 in Belleville, commemorating Pearl Harbor. Congressman Herb Klein (D-NJ) was the guest speaker along with former National Vice Commander of the American Legion Joe Ward, and Mayor Marina Perna. From left, Joe Ward, Rep. Klein and Don Belby from VFW Post 275 and the host of the ceremony.

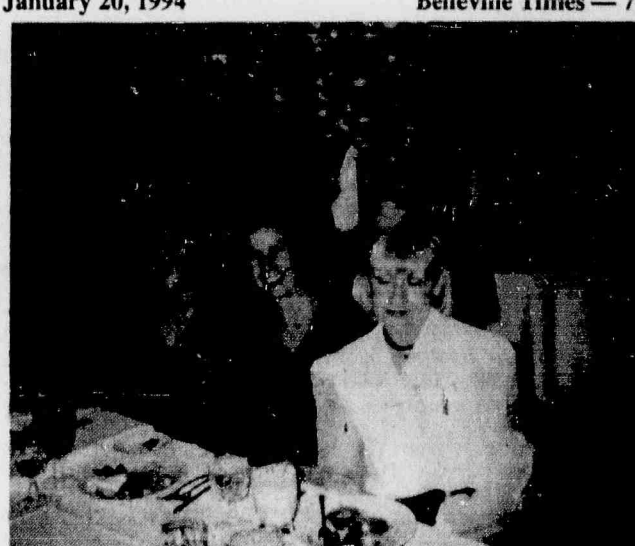




**AT DINNER** - Retired municipal workers were honored at a dinner held at Three Guys from Italy Restaurant in Belleville. Starting second from left are Retiree Irene Decker, Lucille Garamera, Eleanor Nye, Retiree Maureen Gilbert, Vi Narucki and Camille Dominick. Facing them, right is Jim Tuck.



**IN CONVERSATION** - Councilman Jim Messina, left, hears table talk. From right are Police Lieutenant Joseph Rotonda, former Mayor Michael Marotti, Marian McTigue and Joyce Frade.



**ENJOYING EVENT** - Attending the dinner honoring Township retirees were, from left, Jacqueline DeCarlo, Diane Hernandez and Mary Gilroy.



**DINNER GUESTS** - From right are Councilman Thomas Spillane, retired Police Chief George Lister and Probation Officer Sal Vitiello.

## Valley National names Marianne Potito

Valley National Bank Chairman and Chief Executive Officer Gerald H. Lipkin has announced the promotions of three assistant vice presidents to vice president. They are Bernadette M. Mueller, Washington Township (Bergen Co.), to vice president-branch administration; Marianne Potito, Belleville, to vice president-special assets department; and Alfred Sor-

rentino, Jr., Lincoln Park, to vice president-commercial mortgage.

Potito is a dean's list graduate of Seton Hall University, South Orange, with a B.S. degree in business administration and management. She became affiliated with Valley National this year after 12 years with Peoples Bank, NA, Fairfield, which was acquired by Valley National Bank.

## January health activities

Thursday, Jan. 20 - Womens, Infants and Children (WIC) program, from 9 a.m. to 3 p.m. Child Health Conference; paperwork, screening.

Monday, Jan. 24 - WIC program, 9 a.m. to 3 p.m. Need help in filing for Medicare benefits assistance? Call Clara Maass, 450-2000, ask for CHIME assistance.

Tuesday, Jan. 25 - WIC program, 9:30 a.m. to 3 p.m.; Child Health Conference. Food Stamps, call 450-3380.

Wednesday, Jan. 26 - Medical Clinic, 9 a.m. to 1 p.m.; Hypertension Screening.

Thursday, Jan. 27 - WIC program, 9 a.m. to 3 p.m.; Child Health Conference; paperwork, screening.

Friday, Jan. 28 - Film screening "Stress" at 1 p.m.

The Belleville Health Department is located on 383 Washington Avenue.

Medical Clinic includes Blood Pressure and Diabetes Screening (10 hrs. prior fasting for Diabetes Screening).

## GRAND RE-OPENING

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**ANNIVERSARY**

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Please join us for refreshments Sunday January 23, 12pm to 3pm  
at our Grand Re-Opening Celebration

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<b>BEER SPECIALS OFF THE FLOOR</b> BUD LIGHT/BUD DRY 12.0Z. 12 PACK, CASE OF 24 \$10.49 ST. PAULI GIRL GERMAN 12.0Z. 12 PACK, CASE OF 24 \$8.99 COORS LIGHT 12.0Z. 12 PACK, CASE OF 24 \$11.99 KEYSTONE LIGHT 12.0Z. 12 PACK, CASE OF 24 \$7.99 SHARPS NON-ALCOHOLIC 12.0Z. 12 PACK, CASE OF 24 \$2.79											
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EVERY FRIDAY  
5:00 PM - 10:00 PM

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## Knowledge empowers patients at hospital

The nursing staff of the new Maternal / Child Health Unit at Columbus Hospital in Newark take the education of their patients very seriously.

As part of the overall upgrade and improvement of services that occurred when the unit was relocated to the recently opened Luciano Pavarotti Pavilion, the nursing staff

has convened a Patient Education Task Force. The task force is responsible for reviewing all present teaching plans, class formats and methodologies, and will identify areas that can be enhanced.

"The goal of the task force is to develop the most effective and comprehensive educational package that can be offered to the community," said Naomi Hamowy, R.N., certified instructor and designated patient educator in the Maternal/Child Health Unit.

At present, the unit offers an array of pre-natal to post-discharge educational programs, including child birth education, infant care, breast/bottle feeding, infant safety, parenting, sibling preparation, and c-section classes.

"We believe in empowering our patients with knowledge," emphasized Hamowy. "It results in more relaxed and happier expectant parents, healthier mothers and babies, and in a generally more positive experience for the entire family."

In the early to mid-pregnancy classes, mothers-to-be learn what to expect during their pregnancy, from emotional changes to the baby's growth and development. Sibling classes also help make the transition to big brother and big sister a little smoother by preparing siblings for the arrival of the new family member.

The patient educator also gives individual instruction to mothers-to-be with special needs, such as the Pre-term Labor Prevention program. These classes, in conjunction

with an extensive Prepared Childbirth Education series, help to ease many of the fears and anxieties of expectant couples. Husbands and significant others are encouraged to attend these classes, and the entire family is invited to familiarize itself with the hospital and its staff, through open houses and tours.

"Once the mothers have delivered, our goal is to make sure that every mother leaves Columbus Hospital feeling confident and prepared to care for her new baby," Hamowy added. Post-partum classes are conducted in group sessions, through one-on-one instruction and bedside teaching.

"Education has become even more important since the average length of hospital stay for maternity patients has declined. Because of this trend, we were concerned that some mothers may go home before they feel totally comfortable with such things as breast feeding or other infant care needs. So the task force has focused not only on in-patient educational needs, but also on patients post-discharge needs. To that end, we've focused more attention on follow-up calls," she said.

Patients receive a follow-up call from the Perinatal Resource nurse within 48 hours of their discharge, to give additional support and encouragement. They are also reminded that they can use this staff member as a resource person if they have any questions regarding what they learned while at the hospital. Within three to six months after delivery, parents and babies are invited to return to the hospital for a reunion and rap session.

Some of the programs in the works that will be offered to the community include Contraception Awareness, where participants learn contraception concepts, available methods, and new trends in contraception, as well as a Safe Sitter program where young adults learn the responsibilities of babysitting, accident management, emergency procedures, child development and other pertinent information.

### Wallace & Tiernan names Ken Fraser vice president

Ken Fraser

Chuck Reading, president of Wallace & Tiernan, announced the appointment of Ken Fraser as vice president of sales and marketing. Fraser has been with Wallace & Tiernan, Inc., since January 1992 as national sales manager, responsible for reorganizing the distribution of Wallace & Tiernan products from a direct sales force to a network of sales representatives and distributors.

Fraser's experience in the water and wastewater industry over the past 20 years includes various national and international sales and marketing positions. Immediately prior to joining Wallace & Tiernan, he served as vice president and chief operating officer of a flow measurement and process control instrumentation company. Fraser is a member of the American Water Works Association, American Management Association, Manufacturer's Agents Association and the Instrument Society of America.

Fraser will continue his personal involvement with the sales representative and distributor organization as well as emphasizing a reorganization and strengthening of the marketing department.

Wallace & Tiernan is a leading supplier of chemical feed equipment used in the treatment and disinfection of potable water and wastewater. The company is part of North West Water Inc., and a member of North West Water Parity Limited Company, one of the world's leading water and wastewater treatment companies.

### PUBLIC NOTICE

The Belleville Board of Education has scheduled the following meetings to be conducted at Belleville High School, 100 Passaic Avenue.  
February 7, 1994  
Private Executive Session 6:30 pm / Public Business Meeting 8:00 pm. / March 7, 1994  
Private Executive Session 6:30 pm / Public Business Meeting 8:00 pm.  
Edward J. Appleton  
Board Secretary  
Business Administrator  
The Belleville Times  
Published Jan. 20, 1994  
Fee: 7.76 B94-29

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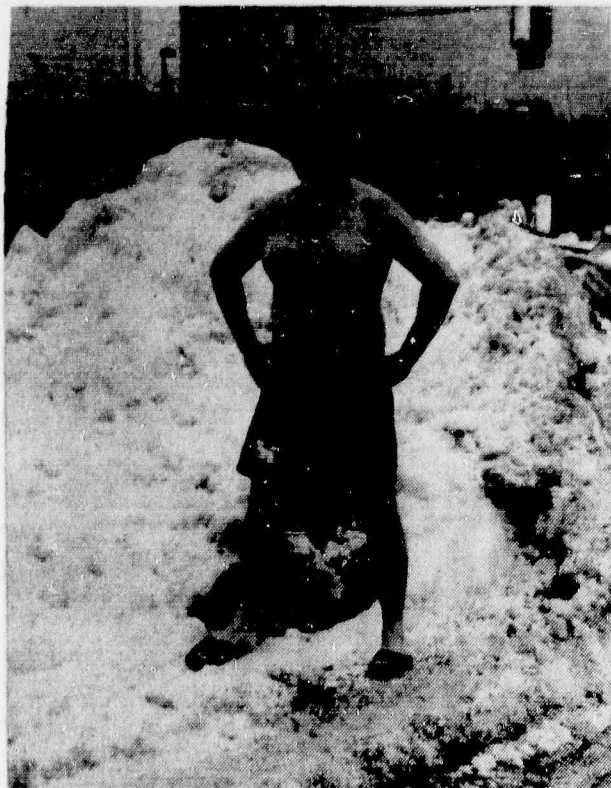
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■ NJDOT, Commissioner Tom Downs

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**AIR**



**MAN ON ICE** - Mario Vincente surveys a frozen world from the snow piled in front of his Honiss Street home. A member of the Polar Bear Club, Mr. Vincente bathed Sunday in Coney Island's freezing waters. (See Aside from That) (Photo by Howard Klausner)

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THE SHOW IS ON - Performers in the School 5 production of 'The Littlest Christmas Tree' do their job to make show a success.

## Safe House wins award

Clara Maass Health System, Inc., along with two other New Jersey hospitals, has been recognized for developing unique, results-oriented programs designed to help fill specific community needs. The awards were presented at the third annual Health Research and Educational Trust of New Jersey (HRET) Hospital Award for Community Outreach luncheon. HRET, the research affiliate of the New Jersey Hospital Association, created the awards program to increase public awareness of hospitals' expanding role as community resources.

"During this time of major

health care reform, hospitals are being scrutinized for the benefits they provide to their communities," said Forrest A. Brower, HRET chief operating officer. "For the past three years, HRET's Community Outreach Awards have recognized hospitals' innovative initiatives that go beyond the walls of their institutions to improve the health and well-being of their communities."

Clara Maass Health System received the HRET Community Outreach Award for The Safe House, an emergency shelter for victims of domestic violence and their children. The only domestic

violence shelter in New Jersey affiliated with a major medical center, The Safe House allows free access and treatment in the Emergency Room prior to entering the shelter and provides a 24-hour hotline for women in crisis who seek counseling. Clients receive three meals daily, clothing, personal items, diapers and infant formula.

The program addresses each client's needs on an individual basis in a safe and supportive environment. Extensive case management is provided for each family entering the shelter.

Since its inception in 1986, The Safe House has sheltered more than 3,000 women and children and processed 10,000 hotline calls. The current capacity of 36 residents makes it the second largest shelter in the state.

The other HRET Community Outreach Award winners were Our Lady of Lourdes Medical Center in Camden and CentraState Healthcare System of Freehold.

### Public Notice

**TOWNSHIP ORDINANCE**  
PUBLIC NOTICE is hereby given that the following proposed ordinance was introduced and passed on first meeting at a meeting of the Municipal Council of the Township of Belleville, NJ held on Tuesday evening January 11, 1994 and further notice is hereby given that the second and final reading of said ordinance will be considered by said Municipal

Council at a meeting to be held at Town Hall, Washington Avenue and Belleville Avenue, Tuesday evening February 8, 1994 at eight o'clock p.m. when all objections to the passing of same will be heard and considered.  
Mary Lou Hood  
Municipal Clerk

### ORDINANCE

of the Township of Belleville

An Ordinance to amend the

revised General Ordinance of The Township of Belleville Chapter 8-2.3 Schedule 2 "Parking Prohibited During Certain hours on Certain streets."  
Be it Ordained by The Municipal Council of the Township of Belleville, New Jersey:  
SECTION 1: That Section 8-2.3 Schedule II of the above general ordinance "Parking Prohibited during certain

hours on certain streets" is hereby amended by adding: Name of Street, Stephen Street Side East, Hours 8 am - 4 pm, school days, Location Beginning at a point 120 feet north of the northeastern curb at Belleville and continuing to a point 337 feet north. The Belleville Times Published: Jan. 20, 1994 Fee: 24.44 B94-42

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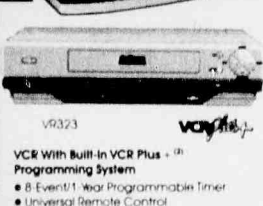
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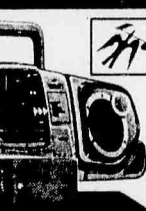
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## Sandra Corris wed to Douglas Blischok

Sandra Corris, daughter of Mr. and Mrs. Joseph Corris of Belleville, and Douglas Blischok, son of Mr. and Mrs. Ronald Blischok of Linden, exchanged wedding vows in St. Helen's Church, Westfield. A reception followed at the Newark Airport Marriott Hotel.

Cindy Jacovinich of Woodbridge was matron of honor. Bridesmaids included Shannon Corris and Stacey Corris of Belleville, Monica Schiksnis of Hackettstown and Jennifer Blischok of Linden.

Dave Butka of Roselle served as best man. Ushering were Michael Carrick of Nutley, Christopher Halkias of Clifton, Michael

Schiksnis and Pete Jacovinich.

Mrs. Blischok, an alumna of Belleville High School and Montclair State College, Upper Montclair, is a programmer/analyst at Miles Corp.-Agfa Division, Teterboro.

Mr. Blischok, a graduate of Roselle Catholic High School and New Jersey Institute of Technology, Newark, is a senior mechanical engineer with Allied Signal Aerospace, Teterboro.

The couple honeymooned on a Windjammer sailboat cruise in the Caribbean and then in St. Maarten following the March 6 nuptials. They have made their home in Belleville.



Mr. and Mrs. Douglas Blischok — nee Sandra Corris



Mr. and Mrs. Thomas Schenke — nee Renee Soriano

## Renee Soriano bride of Thomas Schenke

Renee Soriano, daughter of Mrs. Lorraine Soriano of Belleville, became the bride recently of Thomas Schenke, son of Mr. and Mrs. William Schenke of Nutley.

Msgr. Louis Fimiani performed the ceremony in Holy Family Church, Nutley. A reception followed at The Atrium Country Club, West Orange.

Escorted by her mother, the bride wore a traditional white satin gown fashioned with a sweetheart neckline and cathedral train and accented with pearls and sequins. A headband of pearls and flowers held her veil and she carried roses and morning glories with pearls.

Nicole Soriano of Belleville was her sister's maid of honor. Bridesmaids included Brenda Coppola, Tracy Leverich and Danielle DeCangi of Belleville and Lisa Gardner of Newark.

They were attired in peach satin gowns and carried white chiffon parasols trimmed with peach roses and ribbons.

William Schenke Jr. of Nutley

served as his brother's best man. Ushering were Paul Gleason, Donald Stambaugh and Robert Pagliaro of Nutley, Richard LaFuria of Newark and Joseph DeCangi IV of Belleville. Joseph D'Adona of Belleville was ringbearer.

Mrs. Soriano chose a pink taffeta gown and peplum jacket trimmed with sequins and lace while the groom's mother was in a tea length aqua lace and chiffon gown. Wristlets were of casablanca roses. The bride's grandmother, Mrs. Connie DeCangi, was in an off-white beaded suit and had a corsage of casablanca roses.

Mrs. Schenke, an alumna of Belleville High School, is a secretary with Book Chevrolet Buick Inc., Nutley.

Mr. Schenke, a graduate of Nutley High School, is a mechanic with Pete's Service Station, Nutley.

The couple honeymooned in Florida and in the Pocono Mountains, Pennsylvania, following the May 23, 1993 nuptials. They have made their home in Nutley.



**RESCUED ON CHRISTMAS EVE** — Eight black and tan puppies and their mother, a shy and gentle yellow mixed breed, need loving homes. They and many other dogs and cats will be available 11 a.m. to 3 p.m. Jan. 22 at the Pet Food Giant store in North Plainfield through the People for Animals pet adoption program. Call (908) 789-0725 or 355-6374 for information. People for Animals will be holding a pasta dinner Jan. 29 at the Elks Club, Route 22, Mountainside. Call (908) 245-5761 for tickets and information.

## Events in the area

### Fairs, flea markets, rummage...

**Flea market and craft show**, 9 a.m. to 5 p.m. Feb. 6, North Arlington High School, 222 Ridge Road. Over 100 vendors.

**Thrift shop** at Bloomfield Presbyterian Church on the Green, Wednesdays, 10 a.m. to 3 p.m.; Saturdays, 10 a.m. to noon. Half-price sale through January.

### Fundraisers...

**Bunco Night**, 7 p.m. Jan. 21, St. Clare Home and School Assoc., Allwood Road, Clifton. For tickets, call Nancy at 284-0130 or Lucia at 779-5138. No tickets at the door.

**Benefit variety show**, 7 p.m. Jan. 21, School 3, 230 Joralemon St., Belleville. Magician Joe Fischer and ventriloquist Bob Conrad. \$5 in advance by calling 759-4131 or \$6 at the door.

**Chinese auction**, 7 p.m. Jan. 27, St. Mary's High School auditorium, corner Chestnut and Ames Ave., Rutherford. Tickets at the door. \$5.

**Pasta dinner** to benefit People for Animals, 5 to 8 p.m. Jan. 29, Elks Club, Route 22 East, Mountainside. Cash bar available. \$7 in advance by calling (908) 245-5761 or \$8 at the door. All proceeds to benefit homeless animals.

**Super Bowl party**, Jan. 30, Nutley Italian American Civic Assoc., 642 Franklin Ave. Large screen TV, hot buffet of Italian specialties, beer, soda. \$15. For tickets or information, call Anthony Cassie at 661-4440 or Mark DiGiacomo at 284-1585. Advanced ticket sales preferred.

**Chinese auction**, 6 p.m. Feb. 4, Essex Manor, 41 Broughton Ave., Bloomfield. Sponsored by Fairview Home and School Assoc. \$23 includes chicken capon dinner and auction tickets. Reservation deadline: Jan. 31. No tickets at the door. Call Rita at 748-0547 or Fran at 748-3338.

**Veritas luncheon and fashion show**, noon to 4 p.m. Feb. 5, Fiar Tuck Inn, 691 Pompton Ave., Cedar Grove. \$25 adults, \$20 students. Reservations by Jan. 28 to 338-6358. Benefit for Lacordaire Academy.

**Theatre Night**, featuring live performance of "Gypsy" at the Studio Playhouse, Upper Montclair, 8 p.m. Feb. 10. Complimentary wine, cheese, door awards at intermission. \$11. Sponsored by School 9, Belleville. For information, call Sharon at 450-4578, Susan at 759-5518 or JoAnne at 751-0006.

**Chinese auction**, 7 p.m. Feb. 10, St. Peter's Episcopal Church, 380 Clifton Ave., Clifton. \$4.

**Fish and chip dinner**, 5 to 7 p.m. Feb. 18, St. Mary's Church basement, 17 Msgr. Owens Place, Nutley. \$8. Takeout available. Catered by Argyle of Kearny. For tickets, call 667-7034, 667-8698 or 667-6268. No tickets at the door.

**Fish and chips dinner**, 5:30 to 7:30 p.m. Feb. 25, Parish Hall of Grace Episcopal Church, 200 Highfield Lane, Nutley. Food, fun, fellowship, pianist Leonard Laubach. \$8.75 adults, \$5.75 12 and under. Call 235-1177.

**1994 Entertainment Books**, \$40, St. Thomas the Apostle Junior H.S. Youth Group, 338-6822; Good Shepherd Academy, 667-2049 or 667-5081; Sisterhood of Congregation Ahavath Achim, 759-9394; Grace Church, 235-1177.

### Other events...

**Pet adoption event**, sponsored by People for Animals, 11 a.m. to 3 p.m. Jan. 22, Pet Food Giant, Route 22 East at West End Ave., North Plainfield. For information, call (908) 355-6374 or 789-0725.

**Free health screenings**, Montclair Community Hospital, 120 Harrison Ave. Appointments mandatory. Call 744-7300, ext. 4296, 10 a.m. to 2 p.m. Monday through Friday. Jan. 22: foot problems, Dr. Graziano. On-site screenings at places of business available. Call Marie Oropollo at 746-4644.

**"The Cemetery Club,"** Nutley Little Theatre, 47 Erie Place. \$8 performances Jan. 21, 27, 28, 29. 3 p.m. matinee Jan. 23.

**Yass Hakoshima: Mime Theatre** with the Claring Chamber Players, 8 p.m. Jan. 29, Memorial Auditorium, Montclair State College. \$25 general admission; \$22 senior citizens; \$10 students and children. Special group rates available. Presented by Montclair State School of Fine & Performing Arts Great Events Series.

**Walk Thru the Bible Seminar**, 9 a.m. to 4 p.m. Feb. 5, Franklin Reformed Church community house, Nutley. Lunch included. Register ASAP. Call 667-7022 for information re costs, etc.

**Registration for Nutley Adult School**, 7 to 9 p.m. Feb. 7, 10, Nutley High School, 300 Franklin Ave. Classes start Feb. 28, March 3. Business subjects, crafts, language, health related subjects, finances, computers, etc.

**Youth Cafe Teen Fellowship**, ages 13-17, 7 to 9 p.m. first Fridays, Union Baptist Church, 31 Conger St., Bloomfield (across from Watsessing Park, behind I.H.O.P.) Music, videos, discussion, fellowship, refreshments. For more information, call 743-6865 or 429-8327.

**Weekly duplicate bridge games**, sponsored by Bloomfield Recreation Commission, 12:30 p.m. Tuesdays, 7:30 p.m. Fridays, Bloomfield Civic Center, 84 Broad St. Partner provided if necessary.

**Amateur radio license examinations**, 7 p.m. fourth Tuesdays, Bloomfield Civic Center, 84 Broad St. Walk-ins O.K. For information, contact Carl, WA2BXQ3388357.

### Meetings...

**Court Gratia 751**, Catholic Daughters of the Americas, St. Mary's School Hall, Msgr. Owens Place, Nutley. Feb. 7: meeting at 8 p.m.; Feb. 21: suprise program at 8 p.m.

**Belleville Music Parents**, 7:30 p.m. Jan. 20, chorus room at Belleville High School. Planning for upcoming fundraisers.

**Belleville-Nutley Chapter of Hadassah**, 10 a.m. Jan. 23, Temple B'nai Israel, 192 Centre St., Nutley. Humorous readings. Refreshments.

**Nutley Concerned Citizens**, 7:30 p.m. Jan. 25, Parks and Recreation building, 44 Park Ave.

**Bloomfield Columbianettes**, 7:30 p.m. Jan. 26, K of C Council, 190 State St.

**Nutley High School Parents Council**, 7:30 p.m. Jan. 26, Nutley High School cafeteria, 300 Franklin Ave. Speaker from Princeton Review on new Scholastic Aptitude Tests. Upcoming meetings: March 23, May 18.

**Women's auxiliary Lions Club of Nutley**, seeking new members. 7 p.m. first Thursday, Meyer's Bakery, Nutley. For more information, call Betty Lazar at 667-9127 or Louise Beck at 661-2906.

## Herrington-Schwartz engagement announced

Joan Herrington of Bloomfield announces the engagement of her daughter, Becky, to Eric Schwartz, son of Frances Schwartz of Belleville and Edward Schwartz of Bloomfield.

The troth was made known Jan.

1. The wedding is planned for Aug. 7, 1995.

Miss Herrington, an alumna of Berdan Institute, is a dental assistant.

Mr. Schwartz is employed by Essex County.



Eric Schwartz — Becky Herrington

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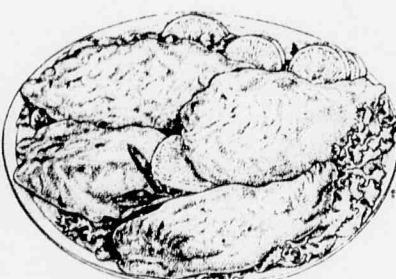
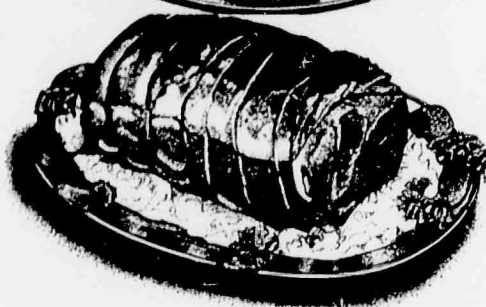
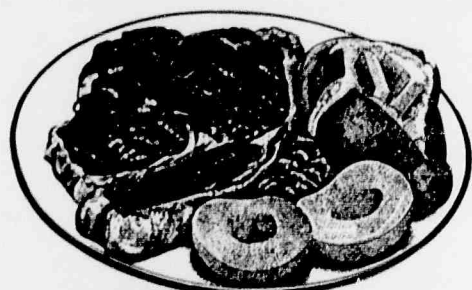
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# Belleville

## BUC SHOTS

By Mike Lambert



Before we continue the series on the '74-75 Belleville boys' basketball team, a few words on the NFL playoffs.

In the September 2, 1993 issue of Buc Shots, I predicted a San Francisco-Kansas City Super Bowl, with the master Joe Montana, going up against his old team, the Niners.

So far, so good. San Francisco and Kansas City are on course for a Super Bowl matchup, but both teams have huge assignments this weekend in the respective conference championship games.

Both teams are on the road this weekend and are up against the defending conference champs. The chances of both teams winning on the road this weekend are not great, but I've got to stick with my choice and hope for a matchup that would certainly have the media in ecstasy and the City of San Francisco up in arms as to which team they will be rooting for.

The experts are leaning toward a Super Bowl XXVII rematch with Buffalo and Dallas. Contrary to those who think Buffalo would be yet another disaster in the big game, I think the Bills will surprise a few people if they get by Kansas City and advance to Atlanta.

The Buffalo Bills are nothing if not resilient. They have overcome the disappointment of losing three straight Super Bowls and are in line for a fourth straight appearance, something that has never been done before.

So, this Sunday, get your snacks ready. Make sure the phone is off the hook, so no one interrupts you during six hours of football delight. Buffalo and Kansas City at 12:30 p.m. from what will probably be frigid Buffalo, followed by San Francisco at Dallas at 4 p.m. in what will be CBS' swan song for NFL coverage (for the next four years, at least).

One more thing. Did you see last Sunday's game between Kansas City and Houston? Montana is the greatest in the history of the game. His fourth quarter heroics are just incredible. Anyone who doesn't think this guy is tough, in addition to being ultra talented, doesn't know the game.

And with that note, I would like the venture back a few weeks ago when a clown by the name of John Elway said he wanted to kick Montana's but, prior to a Denver-K.C. game in early December.

Mr. Elway will be, once again, watching the big game on television. Yes, he's been to the Super Bowl three times in his career (and lost all three Super Bowls in routs). Yes, he will probably go to the Hall of Fame for the numbers he put up in his career.

But this guy never was, nor will be, a championship quarterback. He will never win the Super Bowl.

Oh, one more thing. If Joe Montana was quarterbacking the 1993 Denver Broncos, he would have that team in the AFC title game. No question about it. The only thing Denver lacked in '93 was a quarterback who knows how to win a big football game in crunch time.

### '74-75 Bellboy Basketball Team

#### Part 4 in a Series

The Bellboys were 5-5 and were in the midst of a two game losing streak. Danny Grasso's team now ventured to Columbia High School for a Friday night game with the winless Cougars.

So far in this series, I have written about the team on the hardwood. I've mentioned the tremendous talent of Abdel Anderson, the excellent cast of players around him and the enormous talent of the Big 10 that season.

What I haven't ventured too much into is the personal aspect of the game. In other words, what happens off the court that can affect a players performance on it.

This particular game, on January 17, 1975, qualifies as a game with a story that wouldn't appear in the box score.

When Belleville played a night game, on the road, the team would have to be on the bus around 5:15 p.m. because the JV game would start at 6:30 p.m. and the varsity contest around 8. Columbia, located in South Orange, is about a 20 minute bus ride, a little longer if you consider the Friday evening traffic on the Garden State Parkway.

Anyway, the Bellboys left on time and the JV game was played, as normal. As the varsity players got ready for their game, there was an air of uneasiness in the lockerroom. Earlier that day, Bellboy forward Doug Jackson had received the heartwrenching news that his mother was diagnosed with terminal cancer.

Jackson, who was playing very well in '74-75, didn't say much on the bus ride to South Orange, but that was par for the course if you knew Doug Jackson. This guy didn't say much in general and did most of his talking on the court by playing well.

Jackson, a 6'2" forward, was also a high jumper on the track team. He could battle on the boards thanks to his jumping ability and tremendous strength.

But on this night, Jackson's ability to perform well would be put to the ultimate test. Doug Jackson came from a very close family. His older sister, Carol, was a starting forward for the Belleville girls' basketball team. His younger brother, Scott, would be a starting forward for Grasso in the late 70's.

Doug's dad was a quiet, unassuming man. He and his wife had raised a fine family in Belleville, and now, this family would have to cope with one of life's challenges.

Grasso wasn't aware of Jackson's misfortune, but the players were. Prior to Belleville going out for warmups, Jackson asked Grasso if he could sit the game out. Grasso, not knowing why Jackson didn't want to play, was perplexed.

Mike Swinarski, a junior at BHS that year and the manager of the team, explained the situation to Grasso. The players were instructed to warm up. Jackson and Grasso stayed alone in the lockerroom to talk. A few minutes later, Doug came down the steps to the gym with his teammates and even though he didn't start the game, Jackson played well.

We all knew Grasso as a hard nosed, take no prisoners, type of person. We didn't know the compassionate side of him. That night, Grasso handled the most delicate of situations in a manner that deserves tremendous accolades.

More importantly, the '74-75 boys' basketball team would handle this as a family problem. Unless you were a part of that

(Continued on page 14)

# SPORTS

## Grande, Corino give up reins

By Mike Lambert

Two varsity coaches with long standing ties to Belleville High School, announced their resignations from their respective coaching jobs last week.

Nick Grande resigned after six seasons as Buccaneer baseball coach and Carl Corino said goodbye after 14 stellar years as the head man of Lady Buc softball.

Both resignations, effective immediately, were announced by Belleville Athletic Director Karen Fucello and were to be formally announced at the upcoming Belleville Board of Education meeting.

"We'll miss them both," Fucello said of Grande and Corino. "Both men put in a lot of time and effort into their programs."

Both men are also Belleville High School graduates and competed for the football and baseball teams while students at BHS in the 1960's.

Grande, who took over for George Zanfiri in 1988, led the '93 Bucs to a 13-12 record. The team won five of its last six games after struggling in the middle of the campaign.

Grande was critical of the Board of Education's decision last year to cut coaches, in addition to sports programs, in order to stay within the budgetary guidelines. In his

letter of resignation to Fucello, he cited those cuts and noted, "(the cuts) will serve to do no more than punish a good deal of our student-athletes and create a tremendous deficit in our baseball program, townwide."

The coach noted that the rigors of coaching varsity baseball in Belleville was affecting his health.

"The battle becomes much harder every year, and this in itself is not fair to my family."

Grande is grateful for the opportunity to coach at Belleville.

"I really appreciate the honor given to me by being appointed as head coach. For the past five years, I was fortunate to have realized one of my childhood dreams. I will always cherish and remember my first team, my best team, and my last team. Thank you."

### CORINO LEAVES DOOR

#### OPEN

Corino, who coached the Lady Buc softball team for 14 seasons and compiled an incredible 314-86-2 record, said it was time to try something different.

"This is never easy, and there is never a good time to make this type of decision," the coach said. "When you put in 14 seasons, there are going to be regrets. We had a lot of good times, and there were some

excellent teams. I leave with no regrets."

Corino, who led the 1993 Lady Bucs to a 19-9 mark and into the county finals for the tenth time, helped put Belleville softball on the statewide map.

He took over in the Spring of 1980, ironically succeeding his wife, Eve. In Corino's first year, he led the team to a 20-8 record and a berth in the Essex County finals.

Two years later, the Lady Bucs won its first county crown, compiling a 24-2-2 record. Many feel that '82 team was the best in Corino's 14 seasons.

Corino also guided Belleville to county crowns in 1983 and '89. He led the '87 team to a school record 28 victories and guided that club to the Group IV, Section II championship. The '87 Lady Bucs advanced all the way to the Group IV finals, before losing to Edison.

In addition to the three county championships, Corino led Belleville to the county title game on seven different occasions (1980, '84, '85, '86-88 and '93).

Last season, Corino captured his 300th career victory. Belleville was a member of the NNJIL for 11 of Corino's 14 seasons. During that 11 year span, the Lady Bucs won six conference titles.

Reaction to Corino's resignation was one of surprise and some sadness.

"I'll miss him," said Andrea Curran, a junior at BHS and the third baseman for the Lady Bucs. "He's done so much for the program. We were 19-9 last year and we have most of our players back this year. Most schools wish for that kind of year and our program accomplishes better than that on a regular basis for Coach C. I think we'll do real well this season, but it will be different without him."

"I'm not surprised, because he was thinking about it for a while,"

said Cheryl Marion, the girls' varsity basketball coach and the assistant softball coach. "But I think he'll come back one day. He enjoys coaching. I just think he needed to get away from it for a while."

Corino agreed with Marion's assessment that he might be back.

"I'm leaving the door open," he said. "Right now, I want to take a break, be with my family and evaluate what I want to do in the future. Coaching takes a lot of time, and it can take a lot out of you. Sometimes, it's just good to try something different."

We'll have more on Grande and Corino in an upcoming issue.

## Buc wrestlers sweep Wayne Hills Quad

By Joe Plegaro

What a magnificent Saturday the Buccaneer wrestling team had this past weekend at Wayne Hills High School!

Almost everyone in a Belleville uniform had something to boast about, and the team recorded three victories to improve to 6-1 on the season.

Head coach Joe Nisivoccia's charges opened the quad against NNJIL Pacific League rival Paramus, and came away with a 38-30 victory. They then hammered Ridgefield Park by a 52-12 score, then closed out the day's proceedings by handing Wayne Hills a 56-12 pasting. Neither Ridgefield Park nor Wayne Hills won a bout against Buc wrestlers, scoring all their points on forfeits.

In three dual meets, Buc grapplers recorded 16 pins, two technical falls and four major decisions as they absolutely dominated their three opponents. Eight of the 12 BHS matmen in attendance won

all three of their respective bouts.

As Belleville had no 103-pounder (Keith Hands may not return, Sandip Desai was ill, and John Landosca is ineligible until Feb. 1) all three opening bouts were forfeited.

Johnny Perna, Belleville's marvelously talented 112-pounder, improved his record to 9-0 with six pins as he breezed through his competition. A forfeit by Paramus was followed by a pin in 1:02 over Paul Manchess of Ridgefield Park. Perna ended his day's work with a pin over Wayne Hills' Brett Lomas.

Following Perna in the lineup was Luke Cardinale, who also won all three matches on Saturday. Luke scored a fall versus Paramus' Dan Whitmore, an 11-4 decision over Ridgefield Park's Frank Bolognini, and a pin against Pete Martin of Wayne Hills. Cardinale now sports a record of 8-2 with four pins.

Normally, Isaiah Cardinale wrestles at 125-pounds, but on this day he moved up in the lineup to face

some stiffer opposition. Against Paramus, Isaiah wrestled at 130 and pinned Justin Christodero with a body press. Again at 130, Cardinale pinned Ridgefield Park's Rahman Hester using a Japanese whizzer. Finally, Isaiah moved all the way up to 135-pounds versus Wayne Hills and scored a 17-2 technical fall over Dan Mogolesko. The superb senior now leads the team with a 10-0 record with eight pins.

While Isaiah moved up in the lineup, John Spina moved down from 130 to 125 and recorded three wins for his efforts. Spina dominated Paramus' Matt Mulligan, scoring a 7-2 decision. He then pinned both Ridgefield Park's Denis Rebadavia and Wayne Hills' Joe Sarapochillo to improve his stats to 7-2 with four pins.

Junior Jorge Hernandez got back on track with three easy wins and is now 6-4 for the year with three pins. Wrestling at 135-pounds against Paramus, Jorge shut out Tim Mulligan, 7-0. Still at 130, Hernandez followed his first win

with a fall over Ridgefield Park's Gary Binetti. Hernandez moved up to 140 against Wayne Hills and breezed to a 13-2 decision over Jeff Demeter.

Mark Bianchini brought his record to 8-1 with one pin as he dominated his three opponents. He scored a 19-1 technical fall over Paramus' Seth Lippert, a 17-4 major decision against Alex Baez of Ridgefield Park, and an 8-1 decision over Wayne Hills' Dan Alba.

Bianchini was especially impressive against Baez as the Ridgefield Park junior constantly fouled trying to incite the Belleville 140-pounder. Mark never gave in, stayed in control and used legitimate wrestling maneuvers to soundly whip Baez. Head coach Joe Nisivoccia was especially pleased with Bianchini's performance, stating, "As far as I'm concerned, that's the story of the day. Mark impressed me with his poise and self-control

(Continued on page 14)

## Albert shot at buzzer lifts Bucs 57-56

By Mike Lambert

After nine games, it has become apparent that the Belleville boys' basketball team will enjoy a successful season if one of the following scenarios come true.

A) Shaquille O'Neil transfers to Belleville High School. B) The Bucs take Hackensack, Teaneck and Don Bosco off the schedule. C) Jason Albert gets the ball on a more consistent basis.

The answer is obviously C. And when Mr. Albert gets the ball, as he

did last Saturday in a heartstopping victory over Paramus Catholic, the Bucs will be able to find ways to win.

Belleville salvaged the week by beating P.C. 57-56 when Albert converted a missed jump shot at the buzzer. Earlier last week, the team lost to Teaneck 79-62 and St. Joe's of Montvale, 57-53.

The Bucs were 3-6 heading into last Tuesday's game with Paramus. Tomorrow afternoon, it's off to Hackensack for a 4 p.m. contest. Next Tuesday, the Bucs are host to

Don Bosco, also at 4.

Head coach Don Roll, who was battling the flu and almost didn't make it to last Saturday's game with Paramus Catholic, was pleased with the victory.

"I'm feeling a lot better," Roll said. "If we had lost that game, I probably would be in bed for the next two weeks. It's amazing what a win can do for you."

"You have to give Paramus Catholic a lot of credit. They were 0-8 coming in, but they play hard. There are no easy baskets when you play them. We have to play smarter at times. Albert is the key. If we can get the ball to him more consistently, it opens up more avenues. When he gets the ball in the post, it should either be two points or a foul. Also, if teams double down on him, it should open some opportunities for other players on the perimeter."

In essence, it's important for the Bucs to use their best player as much as possible, because the end result is more chances for the other Belleville players on the floor to produce.

The game with Paramus Catholic was a back and forth contest in which the biggest lead in the game did not surpass five points. P.C. led after one quarter 14-12 and at the half, 27-25. The Bucs pulled ahead 45-42 after three and in the fourth, P.C. came back, using the three basket to near perfection.

Paramus Catholic led 56-55 with :05 left in regulation time. Point guard Mike Molina drove the lane and attempted an off balance layup. The shot hit the rim and fell into the hands of Albert, who converted a bank shot as the buzzer sounded.

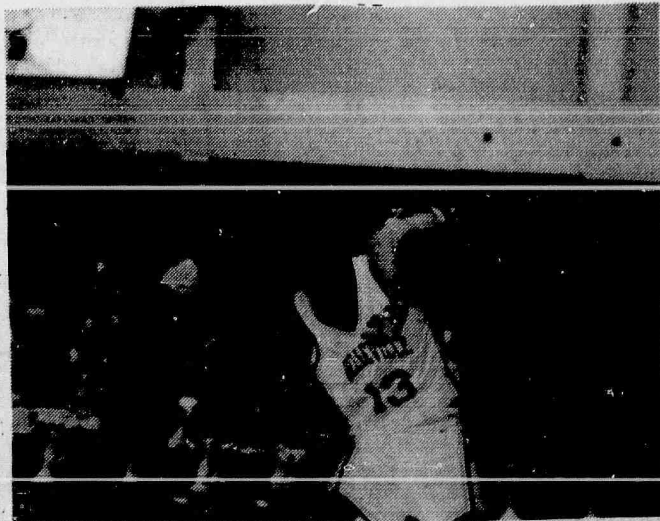
"Give (assistant coach Rich) Baker credit on the play," Roll said. "He suggested we play a 2-3 zone in the last minute, and that defense made it difficult for P.C. to drive the lane. If we didn't play that defense, it could have been more difficult for us to have a chance to win."

Albert led all scorers with 25 points. Tyree Sumter, who has been playing well of late, finished with 12. Molina had 11, Frank Means scored six and Dan Montalvo closed with three points.

Earlier in the week, the Bucs were scheduled to play host to St. Joe's of Montvale. But the game was moved to St. Joe's because of a leak in the roof at the BHS gymnasium.

"The kids were up for playing a home game," Roll said. "We hadn't been home for a few games and we were looking forward to it. Nonetheless, we came out strong at their place and should have had a much bigger lead after one quarter. I don't know how many layups we missed, but it was too many."

(Continued on page 14)



Belleville's Frank Means collides with a Paramus Catholic player during the Bucs' 57-56 victory last week.



## Buc Shots

(Continued from page 13)

team, or were a friend of Jackson's, you would never have known that Doug Jackson was enduring a family tragedy.

Oh yes, Belleville played a good game that night at Columbia. The Cougars, despite being winless, had a wild fan base. The fans were electric that night. The band played on the court prior to the opening tip off. The Columbia gym was sold out. It was a college basketball atmosphere, and, remember, the Cougars hadn't won a game that season to date.

We learned some things that night. First, Doug Jackson was a part of a family, and Grasso was clearly the head of that family.

Secondly, you don't have to be undefeated to draw a lot of fans. You just need to have school spirit. Columbia had it that night and for many years to come.

And last, but not least, the final lesson learned from that evening.

Belleville won, 70-53. Doug Jackson scored 14 points. The Bellboys were now 6-5 and would be home to Bloomfield the following Tuesday.

There was never a break in the schedule.

We'll continue our look back at this team in next week's issue.

## Junior Buc wrestlers open season

By Lou Conte

The Belleville Junior Buc Wrestlers opened the season in the Essex County League with a big 75-12 victory over West Orange. Although the team has many first-year starters, the tradition of pins and big wins continued.

The team recorded seven pins and the winners were as follows: Anthony Malanga (60-pounds), pin at :46; Jim Smith (65-pounds), pin at 2:20; Dave Ilaria (70-pounds), pin at 2:19; Mike Palo (75-pounds), pin at 2:20; Mike Fusco (80-pounds), technical fall 20-8; Greg Ilaria (85-pounds), 7-5 decision; Marc Casella (85-pounds), 10-2 decision; Anthony Conte (95-pounds), 12-0 decision; Greg Sheridan (100-pounds), pin at 1:50; Frank Zarro (105-pounds), pin at :59; Lawrence Martin (112-pounds), technical fall 15-0; Mike Biase (119-pounds), pin at :39; Jose Diavilla (126-pounds) and Frank Rodriguez (135-pounds) won by forfeit.

The team looks tough and wrestled very well on their feet, scoring numerous takedowns. The match

of the night went to Greg Ilaria for his 7-5 win over tough Mike Selpo.

Tournament Notes: The wrestlers made their first trip to the Bloomingdale Team Tournament and took home first place honors. The varsity wrestlers notched 17 medals. Congratulations to coaches Lou Riccardi, Mike Conte, Al Henry, and Jim Lombard. Next week will have the bantam results that was part of the big Junior Buc win: First place gold went to Chris Ranucci, Mike Palo, Mike Biase, Frank Rodriguez, Anthony Conte, Frank Zarro, and Lawrence Martin. Silver medalists were: Anthony Mongelli, Dan Almeida, Anthony Malanga and Jim Messina. Third Place: Nick Reda, Mark Haverick, Ken Sweetman, Ryan Sheridan and Greg Sheridan.

Thank you to the P.O.W. members who rolled out, taped, scrubbed, and re-scrubbed the ancient, battle-scarred mat at the Middle School on Friday night getting ready for the team's first home match on Saturday against Middletown (results next week).

## Rec standings

**MEN'S "A" VOLLEYBALL:** Algieri's Pizza, 13-5; Wallace, 11-7; Spring Garden Landscaping, 11-7; Comic Explosion, 10-8; Verona Industrial Supply, 8-10; Michael's Roscommon, 0-18.

**MEN'S "B" VOLLEYBALL:** Nino's II Pizza, 11-4; B.F.D., 10-5; Joey's Pizza, 7-8; B.P.S.C., 7-8; Park Ave Chiropractic, 5-10; Thirty-One Club, 5-10.

**WOMEN'S VOLLEYBALL:** Aces & Eights, 17-1; Volleyball Busters, 14-1; Set for Life, 13-2; V. Sylvestro's Meat Market, 10-5; Stefanelli Trucking, 6-12; Michael's

Roscommon House, 5-10; The Volley Girls, 4-14; Chandelier, 2-13; Auriemma's Spikers, 1-14.

**MEN'S BASKETBALL:** (Blue Div.) Zig-Zag Restaurant, 6-0; Michael's Roscommon House, 3-3; Algieri's Pizza, 2-4; Nutley Pub, 2-4; Capasso Painting, 2-4.

(Gold Div.) Fleet Wash, 6-0; Ritacco Bros., 5-1; West Side Auto, 2-4; Cosmo's, 1-5; Giorgio's Pizzeria, 1-5.

**SLOWBREAK BASKETBALL:** Benjamin Moore, 4-1; Megaro, 3-2; M.J. Paquet, 2-3; Knights, 1-4.

## 'Ick,' 'Aahhh,' Lady Bucs split two

By Mike Lambert

Cheryl Marion has now reached the level of seasoned coach. When you ask her a question about a particular game, you don't get a full answer, rather you will receive a series of grunts.

How was the Teaneck game, coach?

"Ick."

Okay, how did the team play against Clifton?

"Aahhh."

That pretty much summarized the weeks action for the Lady Bucs, even though the team did split two games, downing Teaneck 41-38 and falling to Clifton 45-39.

Marion's group took a 5-4 record into a game with Paramus last Tuesday. This evening, the team ventures to Paramus Catholic for a 7:30 p.m. game. Tomorrow afternoon, Hackensack comes to town at 4 p.m. Next Tuesday, the girls travel to Immaculate Heart for a 7:30 p.m. contest.

"We're just not playing very well," Marion said after the Clifton debacle. "There isn't enough intensity. We're like a record player which isn't playing at the right speed. We're a 45 record at 33 speed."

*"We're like a record player which isn't playing at the right speed. We're a 45 record at 33 speed."*

— Cheryl Marion

Against Teaneck, a team Belleville should have defeated a little more convincingly, especially at home, the Lady Bucs led 8-5 after one quarter but trailed 19-17 at the half.

Belleville regained the lead after three, 28-27 and held on in the fourth quarter for a 41-38 win.

"It's like we're waiting to the last minute and then we try and pull out the win," Marion said. "We're not good enough to do that. Liz (Ramirez) did a good job on offense, but

we need more scoring from the other girls in the starting lineup."

Ramirez finished with 24 points, Chris Scassera had seven, Maria Acuna tallied six and Andrea Curran and Deanna Addis had two points each.

In the Clifton game, Belleville was up against a team it had defeated in the Tri County Holiday tournament in late December. But this time, the game was at Clifton and the Lady Mustangs were waiting for revenge.

Clifton took control of the game in the first quarter, taking a 10-7 lead. It was 26-16 at the half and 36-18 after three frames before Belleville woke up and outscored the hosts 21-9 to narrow the final deficit to a more respectable six

points.

"Nightmare," was how Marion described the game. "We're not deep off the bench, so when our starters aren't playing well, we don't have a strong bench to pull from in order to shake things up a little. Clifton keyed on Liz for most of the game and Curran played well, but once again, we need more consistency in our scoring attack."

Curran led the way with 16 points. Ramirez finished with 12, Scassera had six and Acuna closed with five.

"We changed to a full court, man press in the fourth quarter," Marion said. "That helped us, but our passing game wasn't strong in the game and we made too many turnovers."

"It's up to them. We have the ability, but the kids have to perform more consistently on the court. They can't take anything for granted."

## Wrestlers improve to 6-1 with sweep

victims were Paul Mallory of Paramus, Sean Stapleton of Ridgefield Park and Dennis Dulmer of Wayne Hills.

The only drawback for the day was the slight rib injury suffered by 171-pound Mark Sharon. He was pinned by Paramus' Pete Panzini, then sat out the rest of the day as a precautionary measure. Belleville forfeited the 171-pound class against both Ridgefield Park and Wayne Hills. Sharon is not expected to miss any further matches.

Improving junior 189-pounder Tom Haverick lost his opener against Paramus' Pete O'Hare by a fall. Tom rebounded well as he pinned both Ridgefield Park's Luis Torres and Wayne Hills' Craig McCrikard. Haverick is now 3-2 with three pins.

Heavyweight Brian Pasterchick also continued to make strides as he won two of his three bouts. He lost the opener by a fall to Paramus' Alex Dudurian, a three-year varsity starter for the Spartans. Pasterchick showed he could go six minutes in the next bout, a 12-3 decision over Jon Scalo of Ridgefield Park.

Brian closed out the day with a pin over Dan Iurato of Wayne Hills, bringing his record to 3-5, with two pins.

All in all, it was a great day for BHS, its wrestlers, and its fans.

**BUC NOTES:** Wrestler of the Week goes to Mark Bianchini for his overall excellent performance. This past Saturday, Mark was the perfect wrestler — poised, well conditioned, strong, tough on his feet, and pretty to watch.

Isaiah Cardinale's three wins gives him 68 lifetime victories, tying him with Chris Musmanno and Ralph Perna for 10th place on the all-time list. Cardinale also had 40 career pins, good for spot no. eight all-time.

Many thanks to Sandy Anone for her great observations and words of encouragement during Saturday's proceedings.

Tonight the Bucs wrestle Hackensack, home, starting at 5 p.m.

The Elizabeth Minuteman Classic, snowed out last weekend, has been cancelled this year. Coach Nils will try to pick up extra matches to compensate for the loss in bouts.

A comment on the officiating this past Saturday... bad, bad, bad. Any question?

See ya next week!

### PIEGARO'S TOP 20

1. Jefferson 5-0
2. Brick Memorial 3-0
3. Delaware Valley 4-0
4. Paulsboro 7-0
5. Highland Regional 9-0
6. High Point 5-0
7. Phillipsburg 2-3
8. Voorhees 3-0
9. Madison Central 4-0
10. Randolph 4-1
11. Bergen Catholic 4-1
12. Kittatiny 3-0
13. Lenape 5-0
14. E. Brunswick 5-0
15. N. Hunterdon 4-0
16. S. Plainfield 3-0
17. Elmwood Park 4-0
18. Rahway 5-0
19. Somerville 2-2
20. Hunterdon Central 3-1

## Bucs visit Hackensack tomorrow afternoon

(Continued from page 13)

Belleville led 19-10 after one quarter, but the home team began to whittle away at the lead and trailed just 33-30 by intermission.

St. Joe's tied the game at 45 after three quarters and then outscored the Bucs 12-8 in the final eight minutes to win by four points, 57-53.

"Al LoBalbo once told me, 'don't watch the elephants, the rabbits will kill you,'" Roll said. "Their guards were the difference. They shot the ball pretty well and we didn't play with enough mental toughness down the stretch. We didn't get the breaks in the second

half and we didn't take advantage of the breaks we had in the first half when a nine point lead should have been 19."

Molina led Belleville with 16 points. Sumter had 12, Albert scored ten, Means finished with nine and SungBok Lee had six points.

"St. Joe's and Teaneck both have good records," Roll said. "St. Joe's was 6-2, Teaneck was 7-1. We're playing good teams and we have the opportunities to win."

In the Teaneck game, it was the Bucs who fell behind early, trailing 19-10 after one and 37-26 at the half. The Highwaymen put the game

away in the third quarter, outscoring the Bucs 24-13 and taking a commanding 61-39 lead into the final eight minutes.

There, the Bucs did manage to narrow the deficit, with the final score 79-62.

"Once again, too many opportunities that we didn't convert," Roll said. "We were right there, but layups and lapses in our defensive play hurt. You're not going to beat a team like Teaneck if you're not mentally and physically aggressive."

Albert was the top scorer for Belleville with 20 points. Molina played another good game, scoring

18. Means tallied ten, Sumter scored seven, Michael Loney finished with five and Montalvo scored two.

Teaneck had a balanced scoring attack with four players in double figures.

**NOTES:** Roll credited assistant coach John Fortunato with a great job in scouting Paramus Catholic and St. Joe's. "John does a real good job in getting us ready with scouting reports," Roll said. "It's one of those jobs that doesn't get enough recognition."

The seedings for the Essex County tournament will be decided at a meeting this coming Monday.

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Thursday, January 13

6:00 p.m. The Theresa Nance Show - News of Concern to Area Viewers.

6:30 p.m. Essex Digest with County Executive D'Alesio

7:00 p.m. Meet Your Mayor

7:30 p.m. Barbershop Xmas

8:00 p.m. Film Flicks and Video Pix - Reviews of Films and Videos.

8:30 p.m. Middle Eastern TV Program for the Middle Eastern viewers.

10:00 p.m. The Uncle Floyd Show - Zany comedy with Uncle Floyd.

11:00 p.m. Video Spotlight.

Friday, January 14

5:00 p.m. Up in the South  
6:00 p.m. Essex County News  
7:00 p.m. Film Flicks and Video Pix

7:30 p.m. Scholastic Sports Today

8:00 p.m. Front Page Edition

8:30 p.m. The Final Score

9:00 p.m. Special Program

9:30 p.m. Wrestling Tracks USA

10 p.m. The Uncle Floyd Show

10:30 p.m. Look &amp; Live Today

Saturday, January 15

10:30 a.m. Front Page Edition:

11 a.m. The Theresa Nance Show

11:30 a.m. Special Program

12 noon The Final Score

12:30 p.m. America's Backyard

1:00 p.m. Special Program

4:00 p.m. Special Program

6:30 p.m. The Mark Dacey Show:  
Interviews and acoustic performances by area musicians.

7:00 p.m. Jersey Spotlight

7:30 p.m. Special Program

10:00 p.m. Uncle Floyd Show

11:00 p.m. After Hours

Sunday, January 16

8:00 a.m. Look &amp; Live Today

9:00 a.m. Ambassador of Grace Ministry

10:00 a.m. Special Program

10:30 a.m. Essex Digest

11:00 a.m. The Final Score

11:30 a.m. Health Issues. Inter-

views with area health profes-

sionals.

12 Noon. Meet Your Mayor.

12:30 p.m. America's Backyard

4:00 p.m. After Hours

5:00 p.m. Bringing Italy to You

6:00 p.m. Special Program

6:30 p.m. Jersey Spotlight

7:00 p.m. Special

8:00 p.m. Mondo Italiano

9:00 p.m. Bringing Italy to You

10:00 p.m. Special

12 a.m. It's in the Star's (repeat)

Monday, January 17

6:30 p.m. Jersey Spotlight

7:00 p.m. Mark Dacey Show

7:30 p.m. Wrestling Tracks USA

8:00 p.m. Front Page Edition

8:30 p.m. Health Issues

9:00 p.m. Special Program

9:30 p.m. Film Flicks and Video

Pix.

10 p.m. The Uncle Floyd Show

Tuesday, January 18

7:00 p.m. Special Program

7:30 p.m. Power Play Country

8:30 p.m. Special Program

9:00 p.m. It's in the Stars. Live.

10:00 p.m. Uncle Floyd Show

10:30 p.m. Look &amp; Live Today

Wednesday, January 19

7:00 p.m. The Mark Dacey Show

7:30 p.m. Scholastic Sports Today

8:00 p.m. Mondo Italiano

9:00 p.m. Bringing Italy to You

10:00 p.m. Uncle Floyd Show



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COLORECTAL SURGEON

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# FOCUS On Health

## Early detection and diagnosis: a woman's most reliable weapon against breast cancer

About 182,000 women in the United States will be diagnosed with breast cancer in 1993, with an estimated 46,000 dying of the disease. Yet, fewer than one-third of American women follow the recommended guidelines for breast cancer screening.

The American Cancer Society recommends that all women between 40 and 49 should have a mammogram every one to two years, and after age 50, every year. It is also recommended that women perform monthly breast self-exams and have clinical evaluations at least every three years after 20 and every year over 40.

A mammogram can detect a small tumor up to two years before you or your doctor will feel it. Finding a lump early significantly improves a woman's chance of successful treatment. According to Debra Saunders, manager of clinical applications for LORAD Corporation, pioneers in state-of-the-art mammography equipment, "New technology means less radiation dosage, making mammograms safer than ever. In addition, recent advances have reduced the time and cost associated with mammograms, making it more accessible for women. The newest systems like LORAD's M-III have been specifically designed for excellent accuracy and patient comfort."

### Choosing a reliable facility

Before receiving a mammogram, a

woman must choose a reliable mammography facility. "The two most important factors for obtaining a safe, accurate mammogram are quality of the equipment and experience of the staff," says Saunders. "Also, the mammography unit should be dedicated for mammograms only." The National Cancer Institute recommends asking the following questions before making an appointment.

• Does the facility use machines specifically designed for mammography?

• Is the mammography machine calibrated at least once a year to make sure its measurements and doses are correct?

• Is the person taking the mammogram a registered technologist, i.e., certified by the American Registry of Radiological Technologists or licensed by the state?

• Does the facility perform at least 10 mammograms each week as part of its regular practice?

• Is the radiologist who reads the mammograms specifically trained to do so? (The radiologist should be board certified and should have taken special courses in mammography.)

The answer to each of these questions should be yes.

The American College of Radiology (ACR) runs a voluntary accreditation program in which accredited facilities have had their equipment, staff and pro-

cedures evaluated and approved. ACR provides an updated list of its accredited facilities to the National Cancer Institute each month. To check whether a specific facility is accredited, or to get information about an accredited facility in your area, call the Cancer Information Service at 1-800-4-CANCER (1-800-422-6237).

### Biopsy advances

If a mammogram detects a suspicious lump, a biopsy, or extraction of the affected tissue, is performed. Today, biopsies are more sophisticated than those of a few years ago. A new nonsurgical procedure called stereotactic biopsy not only lowers costs but also spares women much of the physical and psychological trauma. Called the StereoGuide™ biopsy table, the new method requires only a local anesthetic — some women make lunchtime appointments and return to work within an hour. Because the process is minimally invasive, there is no disfigurement or scar tissue that could mask problems in future mammograms.

Technology makes it possible for women to receive mammograms at a fraction of the cost and danger of those from 10, and even five, years ago. Early detection and diagnosis are a woman's most reliable weapons against breast cancer.

## New procedure can increase the ability to detect cervical cancer

While women demonstrated themselves persistent and very capable players in politics this past year, what about breakthroughs in women's health care issues?

Cervical cancer, one of these concerns, has been largely unaddressed yet still remains one of the leading and most common types of cancers among women.

For 50 years, the Pap smear, named after the doctor who originated it, has been the primary, most reliable routine screening procedure that takes place during a pelvic examination to detect cancerous and pre-cancerous cells on the cervix.

Although the Pap smear has saved thousands of lives, it has been shown to fail to detect up to 50 percent of pre-cancerous abnormalities. This demand has been met by a new, simple and painless procedure, Pap Plus Speculscopy, that may represent a breakthrough in gynecological medicine because it increases your physician's ability to detect such abnormalities.

The name, Pap Plus Speculscopy, is derived from the breakthrough procedure, Speculscopy, and is performed in conjunction with the Pap smear. Speculscopy is a visual examination that uses a nontoxic chemical light device, called a Speculite®, which adheres to the speculum and emits a unique blue-white light. Your physician will then be able to visually detect abnormal tissue because it appears whitened under the light emitted by the speculite.

During the clinical trials a significant number of pre-cancerous lesions wouldn't have otherwise been identified had it not been for the performance of the new procedure, according to Paul Wertlake, M.D., principal investigator of the study and medical

director of UNILAB Inc., which sponsored the clinical trials in which more than 200 medical practitioners and 7,000 women participated to evaluate the procedure's effectiveness.

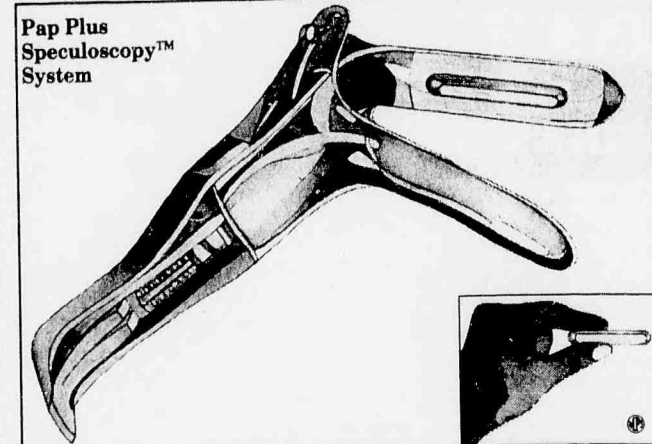
"Our initial conclusions show that combining the Pap smear with Speculscopy creates a two-step system...that identifies more than twice the number of cervical abnormalities than does the Pap smear alone," Wertlake says.

A physician can relay the visual results of the Speculscopy immediately following the procedure. "With speculscopy, the clinician has the opportunity to discuss the results and

appropriate follow-up with the patient while she is still in the office," he says.

It also results in substantial cost savings for the patient; patients who test negative on both the Pap smear and the Speculscopy exam may be able to have these tests less frequently.

Pap Plus Speculscopy, on its way to becoming the standard for gynecological screening, is now available to physicians and medical practitioners. Physicians, practitioners and women seeking more information may call 1-800-486-3753. In California, the number to call is 1-800-999-1199.



A BREAKTHROUGH in women's gynecological procedure for detecting cervical cancer, the Speculite® emits a blue-white chemical light and is attached to the inner surface of the upper speculum by a medical practitioner prior to examination. Under the Speculite, abnormal tissue will appear whitened.

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## ELIMINATING TOXINS FROM YOUR DIET

In the middle ages, poison was par for the course in court intrigue. If you held, coveted, or stood to inherit power at all, it was in your interest to have an unfortunate servant taste your food before you ate it.

But in the modern, democratic world, we're free of such worries. Right?

Wrong, says David Steinman, author of *Diet for a Poisoned Planet* (Harmony Books), who has analyzed more than 400 common foods and beverages and found almost all of them to be poisoned to some degree. Virtually no food is free of pesticides or industrial residues, according to Steinman, some of whose findings come from the Environmental Protection Agency.

Though processed foods are more likely to be harmful than fresh or organic foods, not all manufactured products are equal. The book divides foods into three categories — green light, yellow light and red light. Apple pie — in the green light category — has 29 industrial residues, while milk chocolate — in the red light category — has 93.

"Americans have unknowingly been ingesting harmful pesticides and toxins for years, resulting in a great physical and environmental toll in cancer and other diseases," says Steinman, who began his research after discovering the fish he caught and ate off the coast of California were laden with DDT and PCBs. He then tested blood samples of local bay fishermen who ate their catch. He found their DDT and PCB levels to be six to ten times higher than normal.

With *Diet for a Poisoned Planet*, readers can identify the most and least dangerous foods and begin to detoxify their diets and their bodies.

## Follow ABCs to Lower Your Children's Lead Exposure

(NU) - Your children's health can be affected by exposure to lead.

Lead in drinking water has become a concern, but up to 90 percent of a child's exposure comes from sources other than water, such as house paint and soil. According to the National Rural Water Association, your local water system is doing its part to lower any exposure



from water. But, you can do your part too... just follow the ABCs.

**Always flush your tap.** Let the tap run for a minute or two before using it for drinking or cooking.

**Be sure to use cold water.** Never use the hot water tap to collect water for cooking or baby formula.

**Check home plumbing.** Check your home's plumbing for the use of lead in pipes, solder and fixtures.

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"A mammogram is  
the most reliable method of  
discovering breast cancer. It  
can detect a mass long before  
it can be felt."

-Dr. Marianne Centanni

Dr. Marianne Centanni and her female staff realize that having a mammogram can be very stressful. But they also realize how important it is for all women to have mammograms.

That's why they have created a personal service where you can feel comfortable and confident knowing that your mammogram is being performed and read by qualified, competent medical professionals.

Dr. Centanni is always on site, examining you and providing results before you leave the center.

Call Bloomfield Radiological Center today. Early detection is still the only way to fight breast cancer.



Marianne Centanni, MD  
Director, Bloomfield Radiological Center

Bloomfield  
Radiological  
Center

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Bloomfield, NJ 07003

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Appointment only.  
Most insurances  
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Accredited by the American College of Radiology

## WEST HUDSON HOSPITAL

announces the  
installation of the  
**AUTOMATED  
ATTENDANT**

West Hudson Hospital will begin to use an Automated Attendant in its Communications Center on Thursday, January 13, 1994.

The "caller friendly" system, designed to ensure prompt access to a department or service, employs a pre-recorded message to direct incoming calls. In order to bypass the Automated Attendant, below are important telephone numbers that can be dialed directly. Please save this listing as a ready reference.

## WEST HUDSON HOSPITAL TELEPHONE DIRECTORY

Emergency Medical Services.....	955-7040
Patient Information.....	955-7200
The Care Connection (Free Patient Transport).....	955-7777
Admitting Office.....	955-7006
Billing Information.....	955-6030
Community Health Education.....	955-7077
Discharge Planning	
Social Services.....	955-7619
Extended Care Facility.....	955-7756
Health Information Service (Medical Records).....	955-7001
Human Resources (Personnel).....	955-7014
Laboratory Services.....	955-7035
Non-Invasive	
Cardio-Vascular Lab.....	955-7044
Oncology Services.....	955-7063
Outpatient Registry.....	955-7034
Patient Care Services (Nursing).....	955-7018
Patient Relations	
Patient Representative.....	955-7561
Physician Referral Service.....	955-7040
Public Relations.....	955-7016
Radiology Services (X-Ray).....	955-7050
Rehabilitation Services.....	955-7013
Respiratory Services.....	955-7626
Same Day Surgery.....	955-7072
Uncompensated Care.....	955-7046
Visiting Nurse Service.....	955-7771
Volunteer Services.....	955-7017
West Hudson Hospital	
All other Departments.....	955-7000



# FOCUS

# On Health

## News for garglers: High-alcohol mouthwash may be dangerous

⊗ A study conducted last year by the National Cancer Institute, revealed that patients who use high-alcohol content mouthwashes increase their risk of developing cancer of the mouth and throat.

The risk is 60 percent higher for men and 90 percent higher for women. No explanation was proposed for the different rates. About 30,800 new cases are expected this year.

Schaffer Laboratories (Pasadena, Cal.), attributes increased interest in Phylorinol, its alcohol-free, sugar-free oral rinse to the study. "Dentists tell us their patients are concerned," says John Starrs, a spokesman for the lab.

Other reasons for the growing popularity of alcohol-free mouthwashes are their obvious suitability for recovering alcoholics and for children. "Many parents don't want to hand their child a

mouthwash containing 25 percent (or more) alcohol. That's the same as a 50 proof cocktail. And, if you've ever felt the burning when you introduce alcohol to an active canker sore, you know why patients who get recurring mouth sores want to avoid alcohol-based products," Starrs says.

Dentists recognize that the principal cause of tooth loss in the U.S. today is not tooth decay, but gum disease. They have been using Phylorinol since 1948 to treat bad breath originating in the mouth, inflamed or bleeding gums (gingivitis), soreness caused by dentures, extractions, and wounds following oral surgery.

No prescription is needed to obtain Phylorinol. Ask your local pharmacist or call Schaffer Labs at (818) 798-8644 or 1-800-231-ORAL, for more information. HF933653

## Finding time to exercise at home

Recent studies from Stanford University, Norway and the American Heart Association concur that regular exercise will probably lead to a longer, healthier and more energized life. But when does the average working American find the time to exercise?

Those who are motivated to exercise take the time to work out at their local fitness club or participate in other athletic endeavors. But being motivated is the key. Robert Pritikin, director of the Pritikin Longevity Centers, says, "Our society is determined to encourage unhealthy lifestyles and, until you create and establish healthy habits, it is as though you are fighting against nature."

The key is to create an exercise program that you can sustain."

Business people are constantly looking for ways to use their downtime, thus the success of car phones and portable computers. In the area of exercise, walking on treadmills is one way to make good use of time and exercise as well.

"Exercising on a treadmill gives you the 25th hour in your day," says Peter Haines, CEO of Trotter, a manufacturer of premium-quality treadmills and strength training equipment. "You can make important calls or watch the news while walking on a Trotter treadmill because they are so quiet. And

regular treadmill exercise will strengthen you to keep up your hectic pace."

Health experts like Robert Pritikin say that "regular workouts on a treadmill are the most likely that people will continue, since walking is the most natural form of exercise known to man."

Another way to make good use of your time and sustain a regular exercise program is by having your own home gym or office gym. This is a trend that is on the rise. According to the Kiplinger Washington Letter, the 55 and over crowd "will give up on fitness clubs but will use exercise machines at home."

But what do you need in your home gym to make sure you are getting the proper workout? The American College of Sports Medicine's position paper for complete, safe and effective fitness calls for cardiovascular and strength training workouts.

Fitness equipment companies like Trotter are making sure they have the equipment, for both club and home use, to fit the essential exercise needs of the public. Trotter, which used to manufacture only treadmills, recently bought Pyramid, manufacturer of a broad range of strength equipment.

"Home gyms can be expensive investments," says Haines. "Before buying, people should go to a specialty fitness dealer and discuss with them their workout requirements. For example, ask the dealer to explain the difference between free weights and a multi-gym. Free weights are much less expensive, but if you use them incorrectly, you can easily injure yourself."

The University of California at Berkeley Wellness Letter suggests, if you are buying equipment for a home, you probably should start with a basic set of free weights, unless you are certain that the investment in costly resistance machines is worth it.

"The key to home equipment is to make sure it is reliable and that you will use it," says Haines. For more information about the fitness benefits of regular walking on a Trotter treadmill and regular strength training workouts, call 1-800-TROTTER.



HAVING A GYM OUTFITTED with a Trotter® treadmill equipment in your home or office allows for no excuses when it comes to keeping fit. For more information on how to create a gym that you have access to at any time of day or night, call 1-800-TROTTER.

## Diet and nutrition

When Lisa Domaleski decided to open Montclair Diet & Nutrition, she wasn't thinking about the fact that one out of five new businesses fail, probably because she was too busy thinking about advertising budgets, printed menu planners and office furniture. Nonetheless, these statistics highlight just how impressive Domaleski's success has been.

A lifelong resident of Glen Ridge, Domaleski opened Montclair Diet & Nutrition in March of 1988. From a second story office located at 7 Park Street in Montclair, she began offering one-on-one counseling in the administration of personalized diet programs to a handful of customers. Today, thanks mostly to recommendations from satisfied clients, local doctors and health clubs, Montclair Diet & Nutrition has a steady stream of clients and enjoys a reputation envied by many of the larger diet franchise organizations.

Domaleski believes the Montclair area has been an ideal spot to start her business. "I worked as a diet counselor for over 10 years in various towns before I decided to open up my own place," she said. "When I decided to start my business, I knew right away I wanted to be in this area. The people here are very friendly and I felt sure they would appreciate my personalized style of counseling."

"I don't see any decline in the public's interest in weight loss," she continues in explaining her confidence in the continued growth of Montclair Diet & Nutrition. "What I do see is less of an emphasis on fad dieting geared toward just improving your appearance and more emphasis on dieting to improve your health. More and more of my clients are concerned with general health issues such as lowering their cholesterol levels and controlling their blood pressure, in addition to losing weight."

Domaleski believes Montclair Diet & Nutrition offers dieters a

distinct advantage by providing the personal attention and the flexibility to cater to individual's needs. "It's very tempting for people to try crash diets or programs that offer fantastic weight losses in short periods of time, but these diets can be dangerous and the results are often short lived. At Montclair Diet & Nutrition, we teach our dieters how to change their eating habits for life. I personally sit down with every new dieter and discuss their participation in the program. In this way, I can adapt the diet to a person's likes or dislikes, their lifestyle or their particular health concerns. We also strongly encourage combining the diet with a regular exercise routine. We counsel the dieter on a daily basis during the weight loss period and then we offer free counseling for life on our stabilization and maintenance programs to clients who have reached their goal weight. It is important to me that the clients know we are here for them — not just today, but anytime they might need us again."

Not one to rest on her past successes, Domaleski is enthusiastically making plans for the future of her company. "We are currently offering some special programs that we hope will appeal to people trying to get in shape for the New Year. The New Year is typically the time for people to start new diets. If they come in now, they can be well on their way to reaching their goal weights and enjoying better nutrition in 1994."

## New Year's Resolution ? DIET BREAKTHROUGH

### Overnight Amino Acid Plan Sweeping The Country

Researchers have located a specific hormone that can cause fat cells to be burned. Researchers have reported that this FAT BURNING HORMONE, the HUMAN GROWTH HORMONE, or HGH, is dormant in many overweight people, but can be activated by an amino acid combination of arginine and ornithine.

Consumers reported when given the Growth Hormone alone, they were able to eat their regular foods, yet still lose weight, in addition to the burning of fat cells, many credible researchers believe a HGH released may help improve muscle tone, convert cellulite to leaner muscle and produce a more youthful, shapely physique.

Available at pharmacies and health food stores under brand name of OVERNIGHT DIET, it is not a drug and requires no prescription. OVERNIGHT contains only natural ingredients found to be safe and effective.



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**ROSSMORE PHARMACY**  
338 Washington Ave. Belleville  
759-1956



Tom Modica - Rehabilitation Services Manager

**"Everyday at Clara Maass Health System, we reach out and help our neighbors of all ages. It's gratifying to know that through my work, I may have touched even just one life."**

For 125 years, people have been helping people at Clara Maass Health System.

A cornerstone of the community, Clara Maass offers new technology coupled with traditional care and concern.



**CLARA MAASS HEALTH SYSTEM, INC.**

One Franklin Avenue, Belleville, NJ 07109

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## Does Your Foot Hurt?

We can help.

In office treatment of all foot disorders:

- BUNIONS • CALLOUSES
- CORNS • HAMMERTOES
- LASER Surgery for Soft Tissue Procedures
- Warts • Fungus & Ingrown Toenails
- Most Insurance Plans accepted as full or partial payment.
- Free parking

Call  
**(201) 429-1300**

Hours: Mon-Sat • Evenings Available  
Richard Herman, D.P.M.

FREE FOOT EXAMINATIONS  
Excludes X Rays & Treatment

**Bloomfield Podiatry Group, P.C.**

612 Bloomfield Ave.  
Bloomfield



FITNESS PHOTO circa 1987

## The Resolution Solution for You and a Friend!

That's Right! Join with a Friend and Save!!!

If Fitness is your Resolution, let us share this little tip:  
*The best way to stay on a fitness program is to workout with a friend.*

So grab someone else who wants to shape up and come on in to the Club... We'll set you both up with a program! Now, you not only will get into shape but you get to spend time with a friend too. AND you can save money during our Resolution Solution for Two Membership Special!

Call the Club Today  
**460-0088**

**2 For 1 Initiation Fee Special**  
(Save \$187.00) Offer Expires 1/31/94

\*Offer Good On First Visit Only. Discount Applicable To Initiation Fee Only. Not To Be Combined With Other Discounts. Based On Low Monthly Dues. Must Be 21 Years Of Age. First Time Visitors Only.

Club Hours: Mon.-Fri. 8am-Midnight, Sat. & Sun. 10-6:30

**King's Court**

525 RIVERSIDE AVE • LYNDBURST, NJ





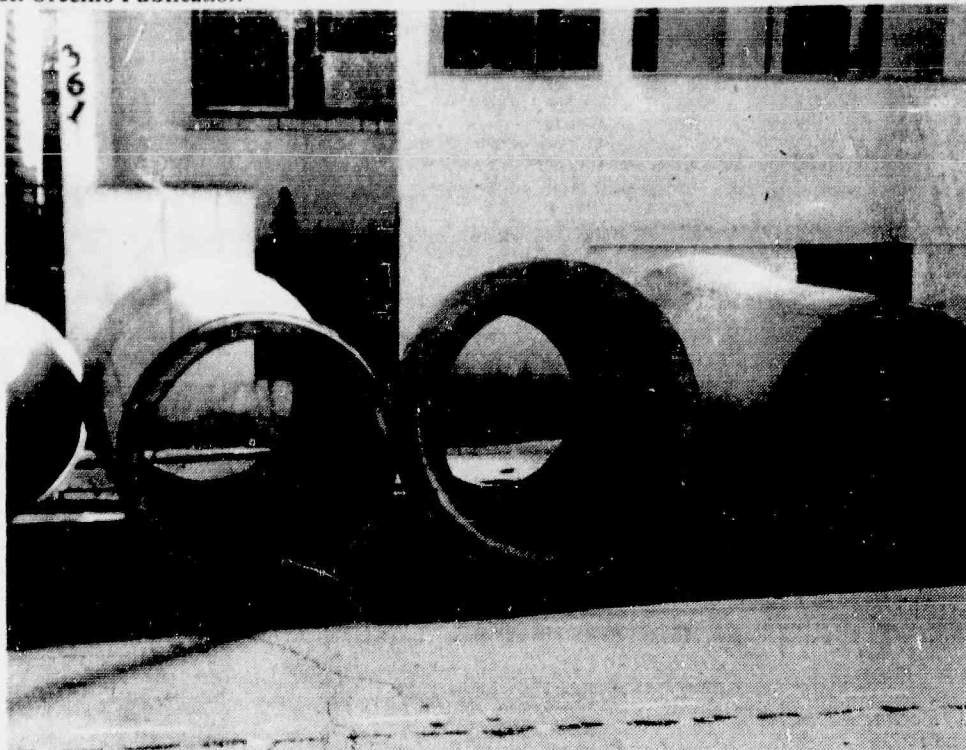


**IT'S  
GOOD  
BUSINESS**

To check our

**PROFESSIONAL  
DIRECTORY!**

Call **667-2100**  
**TODAY!**



**HOPE FOR SILVER LAKE** - These 36-inch cement pipes will replace the narrow flood sewer line at Jeraldo and Lake Streets, where heavy flooding has been the rule for more than 50 years. Neighborhood activist Dennis Gualtieri praised the Mayor and Council for finally coming to an agreement with Newark to solve the problem. (Photo by Howard Klausner)

# Organizational Development Seminar Series for Culturally Diverse Arts Organizations

Essex County Executive Thomas J. D'Alessio announced that an Organizational Seminar Series for Culturally Diverse Arts Organizations will be held on six consecutive Tuesdays beginning Feb. 8. The series will be held at Aljira, A Center for Contemporary Art in Newark.

The goal of this series is to strengthen the infrastructure of culturally diverse arts organizations by introducing and encouraging participation in a planning process.

The series will include sessions on mission philosophy, program planning, budget development/financial management, development, marketing/outreach and governance. Organizations that have at least one full-time paid person are urged to participate. The term "culturally diverse" refers to the following racial and ethnic categories: American Indian or Alaskan Native; Asian or Pacific Islander; Black; not of Hispanic origin; Hispanic/Latino.

The seminars are offered without charge, but space is limited. To register, please call the Grants Administrator at 857-8530.

An American Sign Language interpreter will be provided if notification is provided at least two weeks prior to the seminar date.

The seminars are sponsored by Essex County Executive Thomas J. D'Alessio and the Essex County Division of Cultural and Historic Affairs as part of its local arts development plan. Funding for the seminar is provided in part by a grant from the New Jersey State Council on the Arts, under the Cultural Diversity Initiative for Technical Assistance Projects Grant Program for County Arts Agencies.

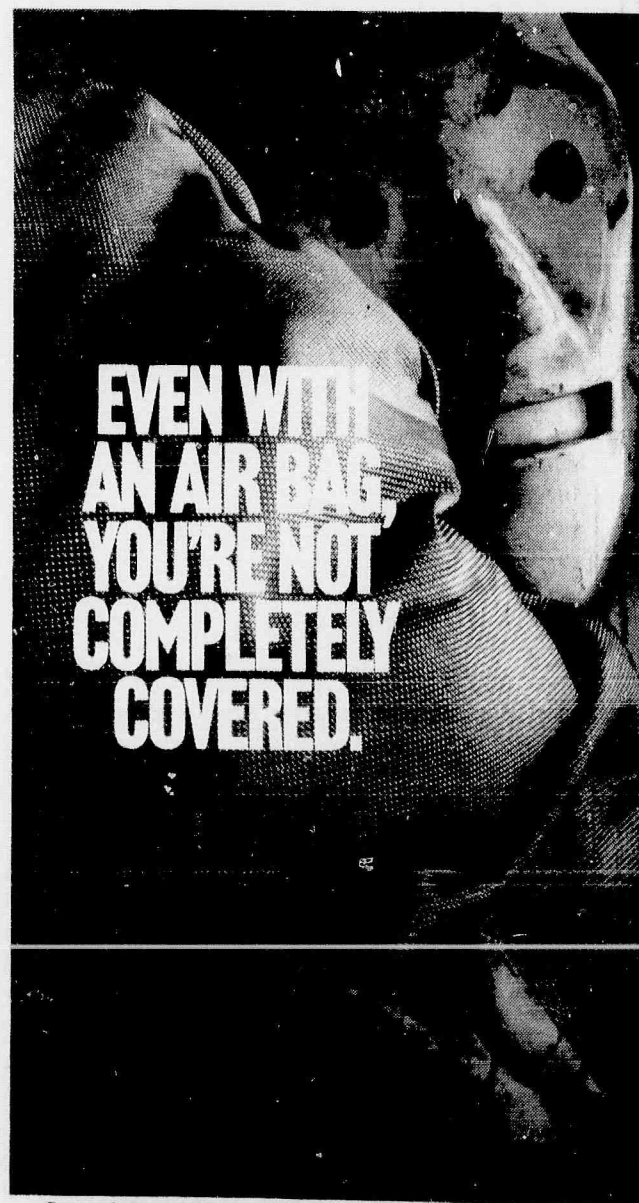
## Magician Joe Fischer will visit School 3

On Friday, Jan. 24, the School 3 HSA of Belleville will be sponsoring a benefit variety show at School 3 located at 230 Joralemon St. The program begins promptly at 7 p.m.

Magician Joe Fischer, his assistant Michele of Nutley and ventriloquist Bob Conrad of East Rutherford promise an evening of audience participation, magic, puppets, balloons and fun for all ages.

Both performers are full time professional entertainers, each with over 300 performances a year at various schools, camps, parties, libraries and recreations.

Tickets are priced at \$5 for advance sale and \$6 at the door. Seating is limited so it is advised to call 759-4131 for tickets or information.



Sure air bags work great in front-end collisions, but only a safety belt can protect you from side and rear-end collisions. So buckle up. And you'll cover all the angles.

**YOU COULD LEARN A LOT FROM A DUMMY.  
BUCKLE YOUR SAFETY BELT.**



**TOWNSHIP ORDINANCE**  
PUBLIC NOTICE is hereby given that the following proposed ordinance was introduced and passed on first reading at a meeting of the Municipal Council of the Township of Belleville, N.J., held on Tuesday evening Nov. 23, 1993 and further notice is hereby given that the second and final reading of said ordinance will be considered by said Municipal Council at a meeting to be held at the Town Hall, Washington Avenue and Belleville Avenue, Tuesday evening February 8, 1994 at eight o'clock p.m. when all objections to the passing of same will be heard and considered.

Mary Lou Hood,  
Municipal Clerk  
ORDINANCE

Township of Belleville, N.J.  
AN ORDINANCE TO RE-ENACT AS HERETO AND HEREBY REVISED, AMENDED AND SUPPLEMENTED, AN ORDINANCE TO REGULATE, CONTROL AND STABILIZE RENTS AND CREATE A RENT LEVELING BOARD WITHIN THE TOWNSHIP OF BELLEVILLE, COUNTY OF ESSEX, AND STATE OF NEW JERSEY Adopted 4/9/74; Amended 4/26/76, 10/24/78, 5/27/80, 9/23/80, 4/16/81, 5/28/83, 8/3/93.

BE IT ORDAINED BY THE MUNICIPAL COUNCIL OF THE TOWNSHIP OF BELLEVILLE, NEW JERSEY:

THAT Section XVII of Ordinance No. 2087 is amended by adding the underlined text as follows: 12-12-17. Vacancy Decontrol; Application for Vacancy Decontrol; Requirements; Fees.

1. Upon the voluntary vacation of any apartment or housing unit for which rent increases are controlled by this Chapter, the landlord shall have the right to fix the new rent for such vacated apartment or housing unit at a rental price mutually agreeable to the landlord and the tenant.

2. In order for the landlord to qualify for vacancy decontrol rent increase, the landlord shall first be required to file an application for vacancy decontrol, along with a statement signed by the vacating tenant, certifying that the landlord has not, in any way, harassed, intimidated, or coerced the tenant into vacating the housing unit and that the vacation of such unit was a voluntary act on the part of the tenant. For the purposes of this Chapter, a vacation caused by or necessitated by substandard, unsafe or unsanitary conditions of the rental premises shall not be deemed a voluntary vacation.

a. Such non-coercion certification shall not be required in order for the landlord to qualify for a vacancy decontrol increase if:

1. The increase does not exceed the total of all permissible increases authorized by any other provisions of this Chapter.

2. The tenant has moved from the unit without notice to this landlord.

3. The unit has been vacated pursuant to a judicially mandated eviction unless the court ordered eviction shall have been brought about by charges in the terms of the lease.

4. The tenant has refused to sign such certification and upon appeal by the landlord for his agent, the Rent Leveling Board has found that such refusal was unwarranted and that there was in fact no coercion of any kind exerted by the landlord, his agent or representative upon the vacating tenant.

b. The Landlord's application for vacancy decontrol filed with the Office of Rent Leveling, along with the required fee, of \$50.00 per dwelling unit, shall certify:

1. The address and apartment number of vacated unit.

2. The name of the vacating tenant.

3. The date the apartment became vacant.

4. The number of rooms in the vacated unit.

5. The amount of rent the

vacating tenants were paying.

6. The maximum rent permissible under the provisions of this ordinance.

7. The amount of rent requested under the terms of vacancy decontrol.

8. Certification that the vacation of the apartment was the voluntary act of the vacating tenant; that such vacation was not the result of harassment or pressure by the landlord or his agents.

9. That no existing tenant within a dwelling unit determine to remain in the vacated housing unit.

c. The decontrol provisions of this section shall only apply to dwelling units that are physically vacated subsequent to the effective date of this section.

d. Upon application for approval of a vacancy decontrol increase the landlord shall request that an inspection be done by a Code Enforcement officer for certification that the housing unit is in substantial compliance with the provisions of Chapter XXI, Property Maintenance code of the Township of Belleville and include the required fee of \$25.00 along with the application for decontrol.

e. No apartment or housing unit may be rented at a decontrolled rent unless and until an approved Vacancy Decontrol Certificate has been received by the applicant from the Office of Rent Leveling after they have received a copy of the Certificate of Occupancy certifying that the housing unit is in substantial compliance with the provisions of Chapter XXI, Property Maintenance Code of the Township of Belleville.

f. Once the vacant unit has been rented at the decontrolled rent all subsequent rents received by the landlord will be subject to the provisions of this Chapter. All increases thereafter shall be subject to the provisions of the Rent Control Ordinance.

g. The landlord shall supply and deliver to each new tenant information, in writing, which shall state:

1. The rent paid by all tenants who occupied the apartment during the prior twelve-month period.

2. That the landlord has complied with the provisions of Section 12 (Registration Statement).

3. That the unit has been inspected and approved for habitability and has received a Certificate of Occupancy from the Township of Belleville, Code Enforcement Officer, as well as a Vacancy Decontrol Certificate from the Office of Rent Leveling.

h. The copy of the statement provided to the tenants by the landlord as required by paragraph g above, signed by the new tenant must be forwarded by the landlord to the Office of Rent Leveling.

i. No landlord may demand, receive, or accept any rent increase unless and until the provisions of this Chapter has been complied with.

3. If any section, subsection, paragraph, sentence, clause, phrase or portion of this ordinance shall be adjudged invalid for any reason whatsoever, such portion shall be deemed a separate, distinct and independent provision, and such holding shall not affect the validity of the remaining portions hereof which shall remain in full force and effect.

4. All other ordinances and parts of ordinances in conflict or inconsistent with this ordinance are hereby repealed, but only to the extent of such conflict or inconsistency.

5. This ordinance shall take effect after final passage and upon expiration of twenty (20) days following publication unless otherwise provided by resolution of this Township Council.

B94-41  
The Belleville Times  
Jan. 20, 1994  
Fee: 94.06

B94-41  
The Belleville Times  
Jan. 20, 1994  
Fee: 94.06

**LEGAL NOTICE**  
TOWNSHIP OF BELLEVILLE  
"BELLEVILLE PROPOSALS"

Sealed proposals will be received by the Township of Belleville at the Council Chambers, 152 Washington Ave., Belleville, New Jersey on or before 11:00 am on Thursday, February 3, 1994 for the painting of the Public Safety Building in accordance with specifications on file in the Purchasing Department, 152 Washington Ave., Belleville, New Jersey.

Each bid must be enclosed in a sealed envelope bearing on the outside the name and address of the bidder, the name of the project and must be delivered to Township Clerk on or before 11:00 am February 3, 1994. Bidders are required to comply with the requirements of P.L. 1975c127 (NJAC 17:27) which shall become part of the specifications. The Township reserves the right to reject any and all bids.

Mary Lou Hood  
Municipal Clerk  
The Belleville Times  
Published Jan. 20, 1994  
Fee: 15.04 B94-40

## PUBLIC NOTICE

(L.S.) State of New Jersey

To: The heirs, devisees and personal representatives of David Brunson and his, their and any of their and any of their successors in right, title and interest.

You are hereby summoned and required to serve upon Frederickman and Phelan, P.C., plaintiff's attorney whose address is Suite 505, Sentry Office Plaza, 216 Haddon Avenue, Westmont, New Jersey 08108, an answer to the Complaint and Amendment to Complaint filed in a civil action, in which Bankers Trust Company of America, N.A. is plaintiff and David Brunson, deceased, et ux, et. als. are defendants, pending in the Superior Court of New Jersey, Chancery Division, Essex County and bearing Docket No. F-9255-93 within thirty-five (35) days after January 20, 1994 exclusive of such date. If you fail to do so, judgment by default may be rendered against you for the relief demanded in Complaint and Amendment to Complaint.

You shall file your answer and proof of service in duplicate with the Clerk of the Superior Court of New Jersey, Hughes Justice Complex, CN-971, 24 Market Street, Trenton, New Jersey 08625, in accordance with the rules of civil practice and procedure.

This action has been instituted for the purpose of (1) foreclosing a mortgage dated August 18, 1989 made by David Brunson as mortgagor, and given to K. Hovnanian Mortgage, Inc. which was recorded on August 30, 1989 in book 5752 for Essex County, page 120. By written assignment dated August 18, 1989, K. Hovnanian Mortgage, Inc. assigned said mortgage, Inc. assigned said mortgage to Home Unity Savings Bank. Said assignment was recorded on August 30, 1989 in book 629 at page 104. By written assignment

dated May 17, 1993, Home Unity Savings Bank assigned said mortgage to Bankers Trust Company of America, N.A., the plaintiff herein. Said assignment is being prepared to be forwarded for recording; and (2) to recover possession of and concerns premises commonly known as 75 Howard Street, Newark, New Jersey 07103.

If you are unable to obtain an attorney you may communicate with the New Jersey State Bar Association by calling 800-852-0127. You may also contact the Lawyer Referral Service of the County of venue by calling (201) 622-6207. If you cannot afford an attorney, you may communicate with the Legal Services office of the county of venue by calling 201-622-1513.

YOU, The heirs, devisees and personal representatives of David Brunson, deceased and his, their and any of their successors in right, title and interest are hereby joined for any lien, claim or interest you may have in, to or on the mortgage premises, it having been determined that David Brunson died on January 20, 1993 in the City of Newark, County of Essex and State of New Jersey.

Donald F. Phelan, Clerk  
Superior Court of New Jersey

The Belleville Times  
Published Jan. 20, 1994  
Fee: 43.71 B94-7

**PUBLIC NOTICE**  
Edward J. Appleton, Board Secretary/School Business Administrator of Belleville Board of Education, has issued an advisory to local citizens reminding them that the deadline to file nominating petitions for the April 19, 1994 Annual School Election is Thursday, February 24, 1994.

Petitions are available for candidates seeking election to the full three year term (2 seats).  
EJA: bg  
The Belleville Times  
Published: 1/20/94  
Fee: 7.76 B94-37

dated May 17, 1993, Home Unity Savings Bank assigned said mortgage to Bankers Trust Company of America, N.A., the plaintiff herein. Said assignment is being prepared to be forwarded for recording; and (2) to recover possession of and concerns premises commonly known as 75 Howard Street, Newark, New Jersey 07103.

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YOU, The heirs, devisees and personal representatives of David Brunson, deceased and his, their and any of their successors in right, title and interest are hereby joined for any lien, claim or interest you may have in, to or on the mortgage premises, it having been determined that David Brunson died on January 20, 1993 in the City of Newark, County of Essex and State of New Jersey.

Donald F. Phelan, Clerk  
Superior Court of New Jersey

The Belleville Times  
Published Jan. 20, 1994  
Fee: 43.71 B94-7

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Petitions are available for candidates seeking election to the full three year term (2 seats).  
EJA: bg  
The Belleville Times  
Published: 1/20/94  
Fee: 7.76 B94-37

## Public Notice

TOWNSHIP ORDINANCE  
PUBLIC NOTICE is hereby given that the following proposed ordinance was introduced and passed on first meeting at a meeting of the Municipal Council of the Township of Belleville, NJ held on Tuesday evening January 11, 1994 and further notice is hereby given that the second and final reading of said ordinance will be considered by said Municipal Council at a meeting to be held at Town Hall, Washington Avenue and Belleville Avenue, Tuesday evening February 8, 1994 at eight o'clock p.m. when all objections to the passing of same will be heard and considered.

Mary Lou Hood  
Municipal Clerk  
ORDINANCE  
of the Township of Belleville

\* An Ordinance Amending Section 13-15 of the Codified Ordinance of the Township of Belleville by adding Fire Zone\*

Be it Ordained by the Municipal Council of the Township of Belleville, New Jersey:

That Section 13-15 of the Codified of the Township of Belleville provides for the Establishment of Fire Zones and it is the recommendation of the Fire Department that the following be and is hereby established as a fire zone:

Now, Therefore, Be it Ordained that the following be added to Section 13-15, 7 "Fire Zones":

g. #7 Sanford Avenue:  
1. Driveway, both sides for a distance of 35 feet, South; and  
2. Front from the driveway west to the end of the driveway of #9 Sanford Avenue.

Be it further ordained that this ordinance shall become effective immediately upon publication in accordance with law.  
The Belleville Times  
Published: Jan. 20, 1994  
Fee: 28.50 B94-44

## LEGAL NOTICE

TOWNSHIP OF BELLEVILLE

"BELLEVILLE PROPOSALS"

Sealed proposals will be received by the Township of Belleville at the Council Chambers, 152 Washington Ave., Belleville, New Jersey on or before 11:00 am on Thursday, February 3, 1994 for the completion of the punchlist for Public Safety Building in accordance with specifications on file in the Purchasing Department, 152 Washington Ave., Belleville, New Jersey.

Each bid must be enclosed in a sealed envelope bearing on the outside the name and address of the bidder, the name of the project and must be delivered to Township Clerk on or before 11:00 am February 3, 1994. Bidders are required to comply with the requirements of P.L. 1975c127 (NJAC 17:27) which shall become part of the specifications. The Township reserves the right to reject any and all bids.

Mary Lou Hood  
Municipal Clerk  
The Belleville Times  
Published Jan. 20, 1994  
Fee: 15.04 B94-39



## Pharmacy Footnotes



Vincent Cozzarelli  
Reg. Ph.

## A MISSED DOSE OF ANTIBIOTIC

It is important for patients to remain faithful to the course of treatment that their doctors prescribe when giving them antibiotics. Doses of antibiotic medication are evenly spaced to insure that the patient will have a constant amount of antibiotic in his or her system. This is part of the strategy to control and defeat the harmful bacteria that are at the root of an infection. If a dose of antibiotic should be missed, it should be taken as soon as it is remembered. The only exception to this rule is when a patient remembers a missed dose just before the next scheduled dose is to be taken. In that case, the missed dose should not be taken, and the prescribed schedule should be maintained until all the medication has been consumed.

When you don't understand the directions on your prescription be sure to talk to our pharmacist at ROSSMORE PHARMACY, 338 Washington Avenue, 759-1956, 759-1968. We are Blue Cross and Medicare approved. Greeting cards, Russell Stover candies, cosmetics, and toiletries are stocked. Hours: Daily 9am-1pm, Sundays 9am-9pm.

HINT: Take antibiotics for the entire course of treatment, or any bacteria that survives may exert itself more strongly than before.

# Worship Calendar



## CHRIST EPISCOPAL CHURCH

393 Washington Ave.,  
Belleville

## Sunday Services:

8:15 am, Holy Eucharist  
9:00 am, Church School  
10:00 am, Holy Eucharist  
(w/nursery)

Everyone is Welcome!  
The Rev. Carolyn Lumbard, Rector

751-0616

## Nutley Assembly of God

A Church of True Faith & Abundant Life  
65 Bloomfield Ave., Nutley

Sunday: 9am Sunday Bible School

All Ages  
10:00am Morning Worship  
Children's church provided at all services ages birth through nine  
Sunday services only are held at Nutley Junior School

Thursday: 7:30pm  
Revelation Knowledge Seminar  
(Pastor Bruno teaching)

667-4329

## Bethany Lutheran Church

Joralemon & New Sts.  
Belleville

Rev. Nancy S. Moore

Come & find a purpose for your life

Sundays

Worship & Holy Communion

8:15 am, 10:15am  
(Child Care)

Wednesday

Bible Study, 7:30pm

759-1555

## Come and be uplifted!

## GRACE EPISCOPAL CHURCH

200 Highfield Lane, Nutley

Sundays:

8:00am  
Holy Communion

9:30am

Family Worship with choir, Sunday School, and childcare.

Real Faith For Your Real Life

235-1177

## VINCENT UNITED METHODIST CHURCH

100 Vincent Place, Nutley

"In The Heart Of Town"

SUNDAY WORSHIP

10:30 am

CHILD CARE PROVIDED

SUNDAY SCHOOL

FOR ALL AGES 9:15 AM

Leon F. Weaver,  
Pastor

667-5440

## COME, SHARE, REJOICE.

## PARK UNITED METHODIST CHURCH

Broad & Park Sts., Bloomfield

Sunday Worship

10:45 AM

Bible School for all ages.

9:25 AM

Prayer & Communion

Tuesday 6:45 PM

Rev. Wayne Jack Plumstead,  
Pastor

429-7745

## FIRST BAPTIST CHURCH

Bloomfield Center

Robert C. Becker,  
Pastor

Andrew R. Kamphausen,  
Asst. Pastor

Virginia B. Hughes,  
Music Director

Nursery Care available at all Sunday services.

Birth through age 3 mornings,

Birth through age 5 evening.

Services: Sunday - 9:30am

Bible school w/classes, from age 2 1/2 to adult.

10:45am - Morning worship

6:00pm Evening Services

Wednesday - 7:45pm,  
midweek prayer service

743-2400

To Have Your Church  
Listed in our Calendar

Call:

667-3000

## Chiropractors

DR. RALPH J.  
DI MAIO



CHIROPRACTOR

Serving your community

for over 13 years

Most insurance provide coverage

751-8805

625 Joralemon St. Belleville

CHRISTIAN B. HELM, D.C.  
Chiropractic Physician



Diplomate National

Board of

Chiropractic

Examiners

Specializing in

the treatment

and care of low

back conditions

199 Broad St. Suite 1 C

Bloomfield 748-1601

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Gerard Cicalese, M.D., P.A.  
Joseph Parlavecchio, M.D.

Announce The Opening  
Of Their Second Office

Located at:

382 W. Passaic Ave., Bloomfield, NJ

Evening Hours By Appointment Only

330 Washington Ave., Belleville • 751-4300

## Dentists

Dial "NO-PAINO"  
(667-2466)

Cosmetic &  
Restorative  
Dentistry

Smile Today

J.D. Muglia D.D.S., P.A. F.A.G.D.

10 Franklin Ave.  
Nutley, N.J.

24 Hr. Emergency  
Service

TO ADVERTISE  
IN THIS  
PROFESSIONAL  
DIRECTORY  
CALL  
667-2100

TO ADVERTISE YOUR BUSINESS HERE CALL 667-2700



Especially for kids and their families

The Mini Page

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By BETTY DEBNAM

A hero on and off the court

Arthur Ashe



When Arthur Ashe was growing up, he had something that most kids don't. He had tennis courts right outside his door.

Arthur Ashe grew up at a time when there was segregation in the South. Most tennis courts were for whites only.

His father had a job as caretaker for a blacks-only playground. Their house overlooked the courts.

Arthur practically lived on the courts. His mother died when he was 6. His father encouraged his tennis. He also demanded the best from his children. From his dad, young Arthur learned self-discipline and respect for hard work.

Not only was Arthur good at tennis, he was also an excellent student.

After finishing high school, he received a tennis scholarship to college. He became one of the top tennis players in the world.

In 1975 he won a great honor. He became the first black male to win the top tennis tournament in the world, Wimbledon.

Several years later, he retired from tennis because of heart trouble.

But his work was just beginning. He became an outstanding



Tennis champ Arthur Ashe was respected for the cool, well-mannered way he handled himself on and off the court.



Arthur Ashe with his wife, Jeanne, and their daughter, Camera. This photo was taken in 1989 in his hometown of Richmond, Va.

businessman, author, TV commentator and promoter of just causes.

He wrote a three-volume history of black athletes called "A Hard Road to Glory."

He was a champion for equal rights for blacks.

He also worked to encourage more research for the cure for AIDS.

Arthur Ashe died of AIDS on Feb. 6, 1993. He had contracted the disease from a blood transfusion he had during an operation on his heart.

Arthur Ashe's wife, Jeanne, is a photographer. She has written a book for children. It is about how a family deals with AIDS.

It is told from daughter Camera's point of view.



"Daddy and Me," by Jeanne Moutoussamy-Ashe, published 1993 by Alfred A. Knopf (New York).

The Mini Page celebrates Afro-American History Month with this issue and these facts.



In 1947, Jackie Robinson became the first black man to play major-league baseball. He played for the Brooklyn Dodgers and was named Rookie of the Year.



In 1908, Jack Johnson became the first black to win boxing's world heavyweight championship. He defended his title five times until losing in 1915.



In 1957, Althea Gibson became the first black to win both Wimbledon and the U.S. tennis championships. She did it again in 1958. From 1952 to 1958, she ranked in the top 10 six times.



In 1974, Ivory Crockett became the first person to run the 100-yard dash in 9.0 seconds. He was a track star at Southern Illinois University.



In 1974, Frank Robinson became the first black to be named manager of a pro baseball team. He managed the Cleveland Indians. Before that, he played professional baseball with several teams.

MIGHTY FUNNY'S Mini Jokes



WHAT SIDE OF THE PIE IS THE RIGHT SIDE?

THE SIDE THAT ISN'T EATEN!

THAT'S MIGHTY FUNNY!



Q: What did the mother rope say to the baby rope?  
A: "Don't be knotty!"  
(sent in by Michelle Leung)

Q: Look, there are knives, forks and hammers with lunch today! I wonder what the hammers are for?  
A: I'll bet pound cake will be served!  
(sent in by Kristen Larsen)

Rookie Cookie's Recipe Personal Pizzas

You'll need:

- 4 English muffins, halved
- 8 tablespoons tomato sauce
- 4 teaspoons oregano
- 8 tablespoons cheese, grated

What to do:

1. Spread 1 tablespoon tomato sauce on each muffin half.
2. Sprinkle 1/2 teaspoon oregano on top of each half.
3. Sprinkle 1 tablespoon cheese on each half.
4. Place on a baking sheet.
5. Bake in a preheated, 350-degree oven for 10 minutes or until cheese melts. Makes 4.



THE NEWS HOUND'S ARTHUR ASHE TRY 'N FIND

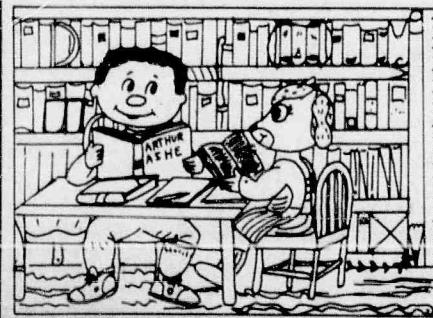
Words that remind us Arthur Ashe are hidden in the block below. Some words are hidden backward. See if you can find: TENNIS, EQUAL RIGHTS, CHAMPION, BUSINESSMAN, RICHMOND, VIRGINIA, AUTHOR, SPORTS, FATHER, HERO, HUSBAND, TALENT, ASHE, ARTHUR, COOL, ACHIEVER, WINNER, PLAY.



AAHMSTHGIRLAUQE  
BRINNOIPMAHCHHS  
WTAINIGRIVCOHUP  
IHDJDNOMHCIRESO  
NUASHEFATHERRBR  
NRCOOLTALENTAAT  
EPLAYTENNISEKNS  
RFNAMSSNISUBDL  
GAUTHORREVEIHCA

Mini Spy ...

Mini Spy and Casey Count are working on papers about their heroes. See if you can find:



- pencil
- bandage
- word MINI
- letter D
- bell
- sword
- dustpan
- letter B
- snake
- letter A
- tooth
- knife
- kite
- owl
- peanut
- ruler
- bird
- letter U

Arthur Ashe's Idea: Mentors for Kids

Here are some tips from role models



Arthur Ashe often served as a mentor, talking with and encouraging kids. In this painting by Louis Briel, "Arthur Ashe, Hero and Mentor," a student who would like to become an artist is sketching him.

What do you want to be when you grow up?

Arthur Ashe felt that kids needed help from mentors, or wise advisers.

They needed to talk with real-life successful people who could give them ideas.

He came up with an idea called "Virginia Heroes."

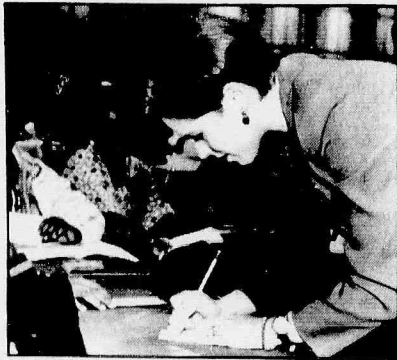
He invited very successful people (the heroes) from his home state of Virginia to a special event.

The heroes met face-to-face in small discussion groups with sixth-graders.

Mentors also went into schools to offer advice.

The Mini Page went to the recent "Virginia Heroes" event held in November of '93. It was held in Arthur Ashe's honor after his death.

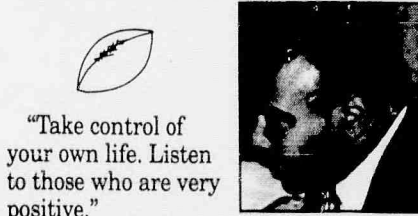
TV co-anchor



"You have to work hard. I had to make sacrifices. I worked different, crazy hours. It is not going to be fun all the time. Sometimes I think people forget that."

— Katie Couric, co-anchor of "Today" show

Pro football star



"Take control of your own life. Listen to those who are very positive."

— Willie Lanier, former Kansas City Chiefs linebacker, now in the Pro Football Hall of Fame

Doctor



"Ask questions. Never feel that any question is stupid. Concentrate on what you are doing. Aim well and try to do your best to get there."

— Dr. Yvonne Knight, the first black dermatologist (skin doctor) in the state of Virginia

Here's what some Richmond, Va., kids are considering



- Sports commentator
- Lawyer
- Construction worker
- U.S. president
- Lawyer
- Computer expert

Look through your paper's classified ads for a job that might interest you.

Next week: Learn to love some body ... yours! Get some health tips on how to treat your body right.



# THERE'S NO PLACE LIKE HOME

180 Centre St.  
Nutley, N.J. 07110  
667-3440

**GEORGE E. MACMUNN CO.**  
**REALTORS**

100 Woodport Road  
Sparta, N.J. 07871  
729-8727

## Too New For Photo



### THREE FAMILY-NEWLISTING

Monthly income \$2,265.00, a great investment, 6-6-4, maint free exterior, 3 car garage, nice cond. and great area of Belleville. **ASKING \$189,900.**



### NUTLEY- ASKING \$139,000.

A perfect opportunity for 1st time homebuyer, 3 BR's, 1 1/2 baths, finished Rec. Rm., encl. front porch, 2 car gar. Walk to NY bus, very convenient location on quiet St.

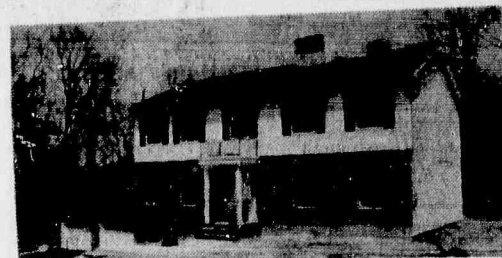
**DO YOU KNOW  
WHAT YOUR  
HOUSE IS  
WORTH  
TODAY?**

We offer a current market  
value analysis...  
Just pick up the phone & call.



### WHITE OAK SECTION OF BELLEVILLE

New kitchen, new bath with skylight, formal DR, fin rec rm w/half bath, encl. porch to nice deck. **ASKING \$155,000.**



### SPARTA-LAKE MOHAWK

a long private drive leads to this newer custom, 4 BR, 2 1/2 bath home on over an acre of level prop. Approx. 2500 sq. ft. of living space + oversized 2 car gar. Stunning 2 story entry foyer w/recessed lighting. **ASKING \$254,900.**

**MOST NUTLEY HOMES  
ARE SOLD BY NUTLEY REALTORS  
FOR BEST RESULTS - LIST WITH US**

EVERYONE KNOWS

**GEORGE T. BOWES**

**WITHOUT OBLIGATION - CALL US FOR  
TODAY'S MARKET VALUATION**

**YOUR NUTLEY REALTOR SINCE 1933  
681 FRANKLIN AVE. NUTLEY 667-3376**

????????????????

**Wondering Why Business Is  
SLOW?**

Bet you forgot to place your ad in  
**The Nutley Sun - Belleville Times - Bloomfield Life  
PROFESSIONAL DIRECTORY**

Call **667-2100**

**TODAY!**

For \$30 your  
1 col. x 2" ad  
appears in our  
three newspapers

ORECHIO PUBLICATIONS & TV

## Singles Can-Do Kitchen



According to home economists from Whirlpool Corporation, a kitchen designed for today's busy singles should have simple lines, easy-care materials and modern appliances with features that offer convenient use and maximum cleanliness.

How do you design a kitchen for "singles"? "That's a timely question for the 1990s," say home economists from Whirlpool Corporation who note that recent census data show that near 25 percent of the 93 million households in the U.S. have only one person in them. Clearly, there's a real need for efficient kitchens for "singles".

To help in planning kitchens for singles, Whirlpool home economists offer these practical suggestions: Keep the design simple, stick to the basics, plan for convenient use and select quality products and materials that are easy to clean and maintain.

For example, this Whirlpool kitchen for one uses a simple "L" shape with a center island, includes basic appliances and incorporates a stylish black and white color scheme with red accents. The end of the island serves as a table for one, conveniently located next to the Whirlpool gas cooktop. This white-on-white cooking appliance sports sealed gas burners for easy surface clean-up, even if there's a boil-over.

Adjacent to the sink and across from the cooking and eating island is

an ultra-quiet Whirlpool dishwasher. This white-on-white unit is not only stylish and easy to operate, it also offers multiple cycles and such convenience features as silverware basket in the door, adjustable upper rack and air drying.

The wall oven is a 27-inch Whirlpool self-cleaning electric model that includes an automatic electronic clock with oven controls and minute timer. The sleek white-on-white oven has an oven light and window in the door to allow a novice cook to peek during cooking.

Not shown, but to the left of the oven and at the end of the kitchen "L" is an all-white 18-cu. ft. Whirlpool no-frost refrigerator with a top freezer that has a time- and work-saving automatic icemaker. Installed under the upper cabinet between the refrigerator and wall oven is a mid-size white-on-white Whirlpool microwave oven. This speedy cooking appliance is one that singles (and most everyone else) consider to be essential in today's kitchen.

While this design is very simple and basic, it's highly effective as an efficient "can-do" kitchen for one.



**HOURS:**  
Monday - Friday  
9:00am-5:00pm

**CALL:**  
667-3000

# THE CLASSIFIEDS:

*A World Of Opportunity In A Nutshell!*



All Classified Ads appear automatically in all three of our papers: The Nutley Sun, Belleville Times, Bloomfield Life.

## Transient Ads-Paid In Advance

First 4 lines. . . . . \$16.91  
Each Additional Line . . \$1.52  
Borders Are Available  
For a Fee of \$5.00  
Contract Rates Available



**CALL TODAY**  
667-3000

Check your Ad the first day of publication

### CREDITS:

Credits & adjustments are to be made only for errors which significantly alter the effectiveness of the ad, such as a wrong telephone number or price. Credits will not be issued for typographical errors or misspelled words. The newspapers can assume responsibility only for MAJOR errors in the first day's publication.

**Classified Deadline Tuesday 12 Noon**

Name _____	
Address _____	
Phone _____	
Category _____	
<input type="checkbox"/> Border \$5.00 Additional	
Run Date _____	Number of Insertions _____
<input type="checkbox"/> Check _____ Visa M/C No. _____	

**PARTS ACCESSORIES SERVICES**

**ATTENTION! AUTO PARTS**

**WILL PAY CASH FOR ANY JUNK CAR IN ANY CONDITION**

**Highest prices paid for late models USED CARS & TRUCKS**

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USED PARTS 54 Stover Ave. Kearny USED PARTS

**GENERAL OPPORT.**

**DOCTOR'S ASSISTANT**  
PT DAYS, EVE, SAT.  
A unique opportunity awaits you at the EYE DRX's patient care center in BLOOMFIELD.

We will train outgoing, service-minded people to assist our doctors and patients and to handle light office work. You MUST be willing to learn and enjoy working with people.

**GENERAL OPPORT.**

**READY FOR A CHANGE?**  
We are looking for a few serious people to join our energetic and progressive thinking company. You provide the energy & we will provide everything you need to become a success in the real estate industry!  
Call 751-8800  
Century 21  
Homes Thru Us, Inc.

**REAL ESTATE IS BEGINNING TO SOAR!!**  
Earn While You Learn!  
2-3 positions available in rapidly expanding Belleville office. If you enjoy directing the activities of others, are able to make a commitment, willing to work hard & be trained, this may be the opportunity of a lifetime for you. Call Now!!  
751-7771  
Century 21/Northside

**Receptionist- P/T**  
mod prof. dental office. Seeking mature person w/excellent customer service knowledge a plus.  
M, Tues, Weds, Eves.  
Call 991-0366

**Receptionist- Light typing. 9-5.**  
429-0900

### SHIPPING/RECEIVING CLERK

Full time position available for bright, enthusiastic, motivated individual at growing optical chain located within walking distance of home in the Brookdale section of Bloomfield. Must be detail oriented and enjoy working with your hands. No experience necessary-- we will train.  
7:30 A.M. early morning start. \$6.00 hr with guaranteed increase after 1 year. P/d holidays/vacations.  
338-7326

**Sider 5 yrs.**  
exper. Must have driver's lic. & own tools. Call 998-6236

**SNOW SHOVELER**  
needed for residents in Nutley. Also odd jobs if you want it. 667-9690

**TELEMARKETING**  
Eves, Exp Pref. For applications & interviews. Sat, 1/22, 10am. Prudential, 200 Broad Acres Dr. 1st flr. Bloomfield.

### PART-TIME HELP

**P/T clerical**  
scheduling appointments, computer input, medical background pref. X-ray exp a plus. 661-0006 between 11 & 4

**P/T WORKERS**  
for newly opening tanning salon. High school/college students. Great working atmosphere. 450-8539 or 450-1063

**PART TIME**  
Weekends & evenings Drain & sewer cleaning. Experience only. Must have valid N.J. driver's license with good driving record. Call 751-0776

**PHONE HANDLERS**  
Needed to work evenings. Experience a plus. Earn up to \$12 per hour. Immed openings. CALL TODAY 748-9855

### BUSINESS OPPORT.

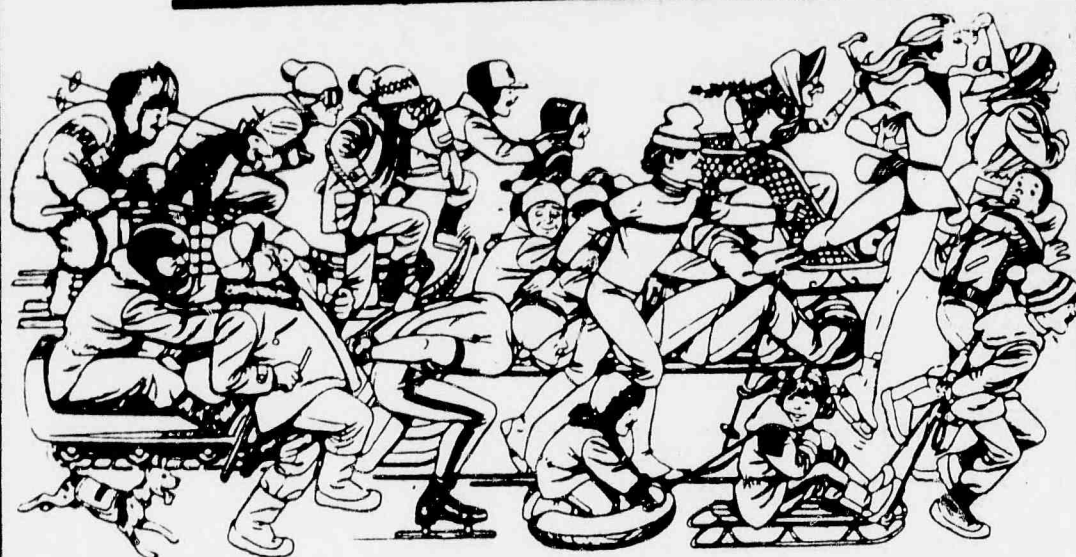
**Bar/Tavern Building/Business**  
Great opportunity. Owner retiring, parking. \$220,000.

**RE/MAX Professionals Realtors** 228-2222

**Liquor License "C"**  
restaurant, bar. \$30,000 Best Offer RE/MAX Professionals Realtors 228-2222

**Nail Salon in Kearny**  
Estab. 15 yrs., reas. rent, heat incl. all supplies & equip. \$22K or B/O. Call 201-998-2799 aft 3pm

# CHARGE!



## Your Classified ADS

on VISA or MasterCard

**667-3000**

**1979 MGB ROADSTER**  
Red, 77K, Excellent Mechanics. Upgraded Parts, Weber Carb, New Tires & Brackets 185/70. Alloy MGB Racing Wheels, Leather Steering Wheel, New Sheet Metal, New Paint, New Interior, New Car!! \$5,700 Firm!

**201-235-9191**

### AUTO SALES

**79' Chevy Nova**  
90,000 miles. Orig. owner. As is! 661-3570 aft. 6pm

**FREE REMOVAL OF JUNK CARS**  
24 HR SERVICE  
CALL TWIN TOWING  
751 8430

### AUTO WRECKERS

**JUNK CARS WANTED**  
"Free Tow-Away"  
"Same Day Pick-Up"  
(In Most Cases)  
S.O.S. TOWING  
955-9440 Bloomfield  
481-2610 Newark

### CHILD CARE

**NANNY D'S INFANT CARE CENTER**  
Full Day Sessions  
6 Weeks to 2 Yrs Old  
204 Washington Avenue  
Belleville 759-1524  
Director: Dolores Art

### BABY SITTERS

**LOTS OF LOVE!!**  
Is what I have to offer your child. Mature mother of 3, names of 2 will watch your child in my Clifton home. Weekends, days or evenings. Flexible hours, reasonable rates. Call Margaret at 777-1495

### ALL AMERICAN LADY

**All American Lady**  
will clean your house to a sparkle. Exp./Refs. Call Linda 758-8320

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I am seeking a position as a medical assistant in a podiatry office. Have experience in all phases of podiatry medicine. I am personable, dependable, and have car. Full or part time hours. Write:

Nutley Sun  
Box 330  
800 Bloomfield Ave.  
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382 Franklin Ave.  
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997-W-O-R-K  
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**Carpenter 5 yrs.**  
exper. Must have driver's lic. & own tools. Call 998-6236

**DATA ENTRY**  
Service Bureau Seeking several F/T Day employees. Must key a min. of 9000 key strokes on a PC keyboard. Please call 460-0509

**DELI HELP**  
in Roseland. F/T responsible person needed. Please call Fred 226-2878

**Dental Assistance-**  
F/T or P/T. We will train. 661-1075

We offer pleasant working conditions and FLEXIBLE HOURS to fit your schedule -days, eve, Sat. Earn up to \$6.00/hr. with GUARANTEED increase after 1 year. Paid holidays and vacations. High school diploma or GED required. For immediate consideration call: 201-338-7575

**Gas Attendant**  
Afternoons 2-6 Mon. - Fri. Apply in Person  
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29-35 Franklin Ave.  
Nutley Ask for Tony

**HAIRDRESSERS & MANICURISTS**  
wanted for full service nail, hair, & tanning salons located in Belleville & Rutherford. Experienced only please call: 450-5834

**MEDICAL FRONT DESK**  
Montclair practice seeking outgoing, energetic individual. Excel comm & organizational skills a must. Qualified applicants may forward resumes to: J. Haas, 21 Plymouth St., Montclair 07042

### PAYROLL CLERK

**P/T**  
Monday, Tuesday, Wednesday, 8:30-5:00 For computerized payroll. Excellent data entry, bright, good telephone skills. Montclair Center office, easy walking distance to all bus lines. Apply today. Ask for Mrs. Newman.

### CHR-ILL SERVICES

**PIZZERIA**  
in Montclair seeks F/T responsible indiv. Must have own car. Call days 226-2878 or eves. 450-1542

### ARTICLES FOR SALE

**Bahamas Cruise**  
5 days/4 nights, under-booked! Must sell! \$279. a couple. Limited tickets. 407-767-8100 X-5233 M-Sat, 9am-10pm.

**BR set, twin beds,**  
2 dressers, tbl & chair, kit tbl w/2 chairs. DR w/table, 4 chairs & breakfast, LR, sofa & lrg chair, wall mirror, 3 lamps & blis. 667-6990

**Columbia Encyclopedia.**  
Up to 1990. Also Whirlpool Washer. Take out. Both in good condition. Call 661-0791

**Living room set,**  
bedroom set, refrig, stove & dryer. Call 748-4962

**Maple BR, includes bed,**  
2 dressers, desk & hutch. Excl. cond. \$400. Call 338-1929.

**Middleby Marshall Oven**  
Model #TSS250G Excellent Condition. Make Offer!! Call Bill 226-8965 or beep 465-6262

**WANTED USED AIR CONDITIONERS CASH!**  
482-3681

### ARTICLES WANTED

**I'M BUYING TOOLS**  
"Old" "New" "Used" "Any Type" "Any Quantity" CALL "GENE" 696-4908 4-6 PM weekdays After 6:30 PM weekends

**Licensed Gun Collector**  
Cash for: "Guns" "Swords" "Daggers" "Bayonets" "Military Items" Registered Appraiser CALL 783-6145

### ARTICLES WANTED

**LIONEL AND OTHER TRAINS**  
COLLECTOR PAYS TOP PRICE CALL 201-234-8709 or 201-631-2058

### FLEA MARKETS

**EMPIRE GIFT & CONSIGNMENT**  
We have great buys on sterling silver jewelry, clothing, furn & much more at wholesale prices. Come visit our new store at 128 So. Orange Ave. So. Orange 201-378-2488 Open Tues thru Sat.

### FURNITURE

**\*Used Filing Cabinets**  
"Chairs" Desks EDELSTEIN OFFICE FURNITURE WHSE. 946 Market St. Paterson Cor. Lakeview Ave. & Rt 80 523-6153

**3 pc Wall Unit.** Almond color w/brass pilasters. Excl cond. Asking \$250. Call 201-338-0546

### CONDOS FOR SALE

**BELLEVILLE SALE OR RENT**  
Bridgebrook Condos 725 Joralemon Street (Off Franklin Ave.) Brick, 1 & 2 BRS, situated on 8 acres of beautiful landscaped grounds. Garage & pool incl in price. Private entrances. Low maintenance incl heat, hot water & gas. Pate O.K. VA & FHA approved. Sales \$75,000 \$105,000 Rentals \$700 - \$850 Call Marge Marren (Eves. 759-8107)

### PATRICIAN ASSOCIATES REALTORS

**NUTLEY LUXURY CONDO**  
3 BR's, 2 full baths, in-ground pool. Priced Right-Must Sell! Call Realtor 667-0006 DE PIRO REALTORS

### REAL ESTATE



### EQUAL HOUSING OPPORTUNITY

All real estate advertised herein is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitations, or discrimination based on race, color, religion, sex, national origin, familial status, or handicap, or intention to make any such preferences, limitation, or discrimination"

We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

To complain about discrimination in housing, call HUD's national toll free number: 1-800-424-8590

### HOUSES FOR SALE

**BELLEVILLE/NUTLEY LINE**  
2 family, 6 & 4. Lg spacious home, gar, bsmt, very lg yard. Could be mother/daughter. \$249,000.

**284-0904 PATRICIAN ASSOCIATES REALTORS**

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**Belleville - 4 ms,**  
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**BELLEVILLE - 2 Fam.**  
6/4, needs some work. Close to schools, \$160K, 6 ms rent w/option to buy. Call for details. Richard 1-800-736-4512

**BELLEVILLE - (2)**  
1 BR apts. Avail 2/1. H/H/Wind. Call Super 759-8562

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**BELLEVILLE**  
5 ms, 2 BRS. \$575 incl h/hw. 3 ms with garage.

**NUTLEY**  
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**BLOOMFIELD**  
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**Belleville - 3 1/2 m apt.**  
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**BELLEVILLE-3 ms,**  
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own utils. \$650. BLOOMFIELD-2 1/2 mod ms, mod rms, grdn apt. h/hw & gas incl. \$600. 3 1/2 mod ms, garden apt, h/hw & gas incl. \$660.

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**BELLEVILLE**  
3 lg rms. Recently decorated. All util incl. \$600.

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**Bloomfield - 3 1/2 lg**  
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5 mod. rooms  
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**BLOOMFIELD**  
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4 rms, \$600 + util.  
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2 1/2 rms, \$450 + util.  
4 rms, \$500 + util.  
3 rms, \$580 + util.  
5 rms, \$675 + util.  
3 1/2 rms, \$712 h&w incl.  
5 rms, \$795 + util.  
Whole house, 6 rms, \$950 + util.  
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2 1/2 rms, \$450 h&w incl.  
3 rms, \$475 h&w incl.  
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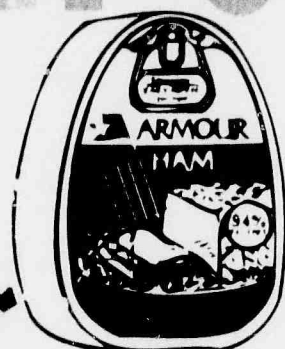


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